



RAY HEADLEY
Invitational Track Meet
Friday, April 5, 2024



This is a Finals Only Meet

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| 8:00 am | Scratch Meeting - Science Room (Southeast door of school, facing track) |
| 8:30 am | Coaches Meeting - Science Room (Southeast door of school, facing track) |
| 9:00 am | Field Events (Prelims - Finals right after) Boys Discus, Boys Long Jump, Girls Shot, Girls High Jump, Girls Triple Jump |
| 9:30 am | Medley Relay Girls 3200 M Relay Boys 3200 M Relay Girls 100 M Hurdles Boys 110 M High Hurdles Girls 100 M Dash Boys 100 M Dash |
| Lunch Break | Multiple Purpose Room: For coaches, workers and bus drivers |
| 12:30 pm | Field Events (Prelims-Finals Right After) Girls Discus, Girls Long Jump, Boys Shot, Boys High Jump, Boys Triple Girls 800 M Relay -Lanes All The Way Boys 800 M Relay - Lanes All The Way Girls 1600 M Run Boys 1600 M Run Girls 400 M Relay - Lanes All The Way Boys 400 M Relay - Lanes All The Way Girls 400 M Run Boys 400 M Run Girls 300 M Hurdles Boys 300 M Hurdles Girls 800 M Run Boys 800 M Run Girls 200 M Dash Boys 200 M Dash Girls 3200 M Run Boys 3200 M Run Girls 1600 M Relay - Three Turns Boys 1600 M Relay - Three Turns |

- **Registration opens March 11, 2024 in Milesplit - \$150 per team or \$300 per school (both boys and girls) (can mail ahead or a coach can bring to the meet)**
- **No password required**

