

Schedule of Events:

FRIDAY, APRIL 28th

Heptathlon:

9:20 a.m. - 100m Hurdles

*10:00 a.m. - High Jump

*12:20 p.m. - Shot Put

*1:30 p.m. - 200m

Decathlon:

9:40 a.m. - 100m

*10:20 a.m. - Long Jump

*11:35 a.m. - Shot Put

*12:45 p.m. - High Jump

*3:00 p.m. - 400m

Field Events:

12:00 p.m. - Women's Hammer

2:30 p.m. - Men's Hammer

12:00 p.m. - Women's Long Jump

2:30 p.m. - Men's Long Jump

5:00 p.m. - Women's Javelin

Running Events:

9:55 a.m. - Men's 10,000m Final

10:35 am - Women's 10,000m Final

1:00 p.m. - Men's 1500m Prelim

1:15 p.m. - Women's 1500m Prelim

1:30 p.m. - Men's 400m Prelim

1:45 p.m. - Women's 400m Prelim

2:00 p.m. - Men's 100m Prelim

2:15 p.m. - Women's 100m Prelim

2:35 p.m. - Men's 400m Hurdle Prelim

2:55 p.m. - Women's 400m Hurdle Prelim

SATURDAY, APRIL 29TH

Heptathlon:

9:15 a.m. - Long Jump

*10:45 a.m. - Javelin Throw

*12:00 p.m. - 800m

Decathlon:

9:45 a.m. - 110m Hurdles

*10:30 a.m. - Discus Throw

*11:55 a.m. - Pole Vault

*2:55 p.m. - Javelin Throw

*3:55 p.m. - 1,500m

Field Events:

2 p.m. - Women's Discus

4:30 p.m. - Men's Discus

5:00 p.m. - Men's Pole Vault

5:00 p.m. - Women's High Jump

Running Events:

4:30 p.m. - Men's 200m Prelim

4:45 p.m. - Women's 200m Prelim

5:00 p.m. - Men's 800m Prelim

5:15 p.m. - Women's 800m Prelim

5:35 p.m. - Men's 110m Hurdle Prelim

5:55 p.m. - Women's 100m Hurdle Prelim

6:15 p.m. - Men's 3,000 Steeplechase Final

6:45 p.m. - Women's 3,000 Steeplechase Final

SUNDAY, April 30th

Field Events:

9:30 a.m. - Men's Javelin

11:30 a.m. - Women's Pole Vault

11:30 a.m. - Women's Triple Jump

1:30 p.m. - Men's Triple Jump

11:30 a.m. - Women's Shot Put

1:30 p.m. - Men's Shot Put

1:15 p.m. - Men's High Jump

Running Events:

12:30 p.m. - Men's 4x100m Relay Final

12:40 p.m. - Women's 4x100m Relay Final

12:50 p.m. - Men's 1500m Final

1:05 p.m. - Women's 1500m Final

1:20 p.m. - Men's 110m Hurdle Final

1:30 p.m. - Women's 100m Hurdle Final

1:40 p.m. - Men's 400m Final

1:45 p.m. - Women's 400m Final

1:50 p.m. - Men's 100m Final

1:55 p.m. - Women's 100m Final

2:00 p.m. - Men's 800m Final

2:05 p.m. - Women's 800m Final

2:15 p.m. - Men's 400m Hurdle Final

2:25 p.m. - Women's 400m Hurdle Final

2:35 p.m. - Men's 200m Final

2:40 p.m. - Women's 200m Final

2:45 p.m. - Men's 5000m Final

3:10 p.m. - Women's 5000m Final

3:35 p.m. - Men's 4x400m Relay Final

3:45 p.m. - Women's 4x400m Relay Final

4:10 p.m. - Season Awards Presentation