

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 1 Women 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State

NCAA Prov: P 11.85 2023

| Name | Year | School | Prelims | Wind | H# |
|----------------------------|------|------------------|----------|------|----|
| ===== | | | | | |
| Preliminaries | | | | | |
| 1 Arceneaux, Sierra | SR | Colorado Mesa | P 11.68Q | -0.3 | 2 |
| 2 Bloomquist, Audrey | JR | Uc-Colo. Spgs. | 11.89Q | -0.5 | 1 |
| 3 Fuller, Breanne | SR | Black Hills St. | 11.92Q | 0.7 | 3 |
| 4 Sartain, Alese | SO | Adams State | 11.96Q | 0.7 | 3 |
| 5 Bolton, Keyanda | SO | Uc-Colo. Spgs. | 12.07Q | -0.3 | 2 |
| 6 Lattimore, Jaivion | SR | Msu Denver | 12.10Q | -0.5 | 1 |
| 7 Dantzler, Myia | SO | Western Colorado | 12.09q | -0.3 | 2 |
| 8 Farinas, Victoria | SO | Uc-Colo. Spgs. | 12.15q | -0.5 | 1 |
| 9 Collier, Charlie | JR | Chadron State | 12.17 | 0.7 | 3 |
| 10 Hummel, Claire | SR | Msu Denver | 12.19 | 0.7 | 3 |
| 11 George, Hannah | JR | Colo. Christian | 12.22 | -0.3 | 2 |
| 12 Hobson, Jessica | FR | Msu Denver | 12.38 | 0.7 | 3 |
| 13 Moreni, Missy | SO | Uc-Colo. Spgs. | 12.46 | -0.5 | 1 |
| 14 Horton, Gaby | FR | Colorado Mesa | 12.50 | -0.5 | 1 |
| 15 Burnett-Perry, Serenity | SO | Colorado Mesa | 12.57 | -0.5 | 1 |
| 16 Kennison, Avry | FR | Colorado Mesa | 12.64 | -0.3 | 2 |
| 17 Schemling, Madeline | SO | Colo. Christian | 13.02 | -0.3 | 2 |
| -- Fuchs, Brittany | SR | Uc-Colo. Spgs. | DNS | 0.7 | 3 |

Event 1 Women 100 Meter Dash

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 RMAC Meet: R 11.42 5/9/2017 Sunayna Wahi, Adams State

NCAA Prov: P 11.85 2023

| Name | Year | School | Finals | Wind | Points |
|----------------------|------|------------------|--------|------|--------|
| ===== | | | | | |
| Finals | | | | | |
| 1 Arceneaux, Sierra | SR | Colorado Mesa | 11.61P | -1.2 | 10 |
| 2 Bloomquist, Audrey | JR | Uc-Colo. Spgs. | 11.90 | -1.2 | 8 |
| 3 Sartain, Alese | SO | Adams State | 12.09 | -1.2 | 6 |
| 4 Bolton, Keyanda | SO | Uc-Colo. Spgs. | 12.10 | -1.2 | 5 |
| 5 Fuller, Breanne | SR | Black Hills St. | 12.12 | -1.2 | 4 |
| 6 Farinas, Victoria | SO | Uc-Colo. Spgs. | 12.13 | -1.2 | 3 |
| 7 Dantzler, Myia | SO | Western Colorado | 12.23 | -1.2 | 2 |
| 8 Lattimore, Jaivion | SR | Msu Denver | 12.26 | -1.2 | 1 |

Event 3 Women 200 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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 RMAC Meet: R 23.41 2011 Indira Spence, Adams State

RMAC Meet: R 23.41 2014 Kayon Robinson, Adams State

NCAA Prov: P 24.34 2023

| Name | Year | School | Prelims | Wind | H# |
|---------------------|------|-----------------|----------|------|----|
| ===== | | | | | |
| Preliminaries | | | | | |
| 1 Arceneaux, Sierra | SR | Colorado Mesa | P 23.61Q | -1.3 | 1 |
| 2 Bolton, Keyanda | SO | Uc-Colo. Spgs. | 24.58Q | -1.1 | 3 |
| 3 Fuller, Breanne | SR | Black Hills St. | 24.64Q | 0.5 | 2 |
| 4 Sartain, Alese | SO | Adams State | 24.70Q | -1.1 | 3 |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 3 Women 200 Meter Dash

| | | | | | |
|----|-------------------------|---------------------|--------|------|---|
| 5 | Burnett, Jordan | SO Colorado Mesa | 24.82Q | -1.3 | 1 |
| 6 | Hummel, Claire | SR Msu Denver | 25.04Q | 0.5 | 2 |
| 7 | Collier, Carlisle | JR Chadron State | 24.97q | -1.3 | 1 |
| 8 | Romero, Allyssa | JR Msu Denver | 25.06q | 0.5 | 2 |
| 9 | Olson, Cora | SR Western Colorado | 25.08 | 0.5 | 2 |
| 10 | George, Hannah | JR Colo. Christian | 25.13 | -1.1 | 3 |
| 11 | Molder, McKenna | SR Colorado Mesa | 25.28 | -1.3 | 1 |
| 12 | Dantzler, Myia | SO Western Colorado | 25.30 | -1.3 | 1 |
| 13 | Lattimore, Jaivion | SR Msu Denver | 25.32 | -1.1 | 3 |
| 14 | Horton, Gaby | FR Colorado Mesa | 25.37 | -1.1 | 3 |
| 15 | Burnett-Perry, Serenity | SO Colorado Mesa | 25.65 | 0.5 | 2 |
| 16 | Harrison, Sakara | SO Western Colorado | 25.69 | -1.3 | 1 |
| 17 | Hobson, Jessica | FR Msu Denver | 25.99 | -1.1 | 3 |
| 18 | Garand, Teagan | SR Msu Denver | 26.36 | -1.1 | 3 |
| 19 | Lapp, Kiarra | FR Western Colorado | 26.44 | -1.3 | 1 |
| -- | Fuchs, Brittany | SR Uc-Colo. Spgs. | DNS | 0.5 | 2 |
| -- | Johnson, Charity | SR NM Highlands | DNS | 0.5 | 2 |

Event 3 Women 200 Meter Dash

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| | | |
|--------------------|------|-----------------------------|
| RMAC Meet: R 23.41 | 2011 | Indira Spence, Adams State |
| RMAC Meet: R 23.41 | 2014 | Kayon Robinson, Adams State |
| NCAA Prov: P 24.34 | 2023 | |

| Name | Year | School | Finals | Wind | Points |
|------|------|--------|--------|------|--------|
|------|------|--------|--------|------|--------|

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Finals

| | | | | | |
|----|-------------------|--------------------|--------|------|----|
| 1 | Arceneaux, Sierra | SR Colorado Mesa | 23.51P | -0.8 | 10 |
| 2 | Fuller, Breanne | SR Black Hills St. | 24.68 | -0.8 | 8 |
| 3 | Bolton, Keyanda | SO Uc-Colo. Spgs. | 24.88 | -0.8 | 6 |
| 4 | Sartain, Alese | SO Adams State | 25.00 | -0.8 | 5 |
| 5 | Romero, Allyssa | JR Msu Denver | 25.31 | -0.8 | 4 |
| 6 | Collier, Carlisle | JR Chadron State | 25.38 | -0.8 | 3 |
| 7 | Hummel, Claire | SR Msu Denver | 25.62 | -0.8 | 2 |
| -- | Burnett, Jordan | SO Colorado Mesa | DNS | -0.8 | |

Event 5 Women 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

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| | | |
|--------------------|------|-----------------------------|
| RMAC Meet: R 52.80 | 2014 | Kayon Robinson, Adams State |
| NCAA Prov: P 56.00 | 2023 | |

| Name | Year | School | Prelims | H# |
|------|------|--------|---------|----|
|------|------|--------|---------|----|

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Preliminaries

| | | | | |
|----|-----------------|---------------------|--------|---|
| 1 | Burnett, Jordan | SO Colorado Mesa | 56.36Q | 1 |
| 2 | Nelson, Amena | SR Colo. Mines | 56.81Q | 2 |
| 3 | Smoker, Tara | SO Colo. Christian | 57.10Q | 3 |
| 4 | Romero, Allyssa | JR Msu Denver | 57.35Q | 4 |
| 5 | Davis, Amber | SO Uc-Colo. Spgs. | 57.11q | 3 |
| 6 | Donald, Cemore | JR NM Highlands | 57.37q | 2 |
| 7 | Rose, Nadine | JR NM Highlands | 57.46q | 1 |
| 8 | Galvin, Grace | SO Colo. Mines | 57.54q | 4 |
| 9 | Dikken, Emma | SO Colorado Mesa | 58.40 | 4 |
| 10 | Lapp, Kiarra | FR Western Colorado | 58.68 | 3 |
| 11 | Harrison, Lucia | JR NM Highlands | 58.83 | 1 |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 5 Women 400 Meter Dash

| | | | |
|---------------------|--------------------|---------|---|
| 12 Higashi, Randi | SR Colo. Mines | 58.84 | 4 |
| 13 Lopez, Alyssa | SO Uc-Colo. Spgs. | 59.31 | 2 |
| 14 Arcand, Elaina | FR Colorado Mesa | 59.34 | 3 |
| 15 Groth, Caydince | SO Chadron State | 59.35 | 1 |
| 16 Garand, Teagan | SR Msu Denver | 59.62 | 2 |
| 17 Sowell, Naleia | SO Msu Denver | 59.97 | 2 |
| 18 Tracy, Mikayla | JR Black Hills St. | 1:01.52 | 1 |
| 19 Ivins, Raygen | SO Msu Denver | 1:03.09 | 3 |
| 20 Wulff, Cassandra | FR Chadron State | 1:03.41 | 4 |
| 21 Wilson, Adeline | JR S.D. Mines | 1:03.55 | 1 |
| 22 Swinney, Kassyl | FR Chadron State | 1:04.71 | 2 |

Event 5 Women 400 Meter Dash

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 RMAC Meet: R 52.80 2014 Kayon Robinson, Adams State
 NCAA Prov: P 56.00 2023

| Name | Year School | Finals | Points |
|-------------------|--------------------|--------|--------|
| ===== | | | |
| Finals | | | |
| 1 Nelson, Amena | SR Colo. Mines | 55.59P | 10 |
| 2 Burnett, Jordan | SO Colorado Mesa | 55.63P | 8 |
| 3 Donald, Cemore | JR NM Highlands | 55.97P | 6 |
| 4 Smoker, Tara | SO Colo. Christian | 56.81 | 5 |
| 5 Romero, Allyssa | JR Msu Denver | 56.82 | 4 |
| 6 Davis, Amber | SO Uc-Colo. Spgs. | 56.87 | 3 |
| 7 Rose, Nadine | JR NM Highlands | 56.92 | 2 |
| 8 Galvin, Grace | SO Colo. Mines | 57.51 | 1 |

Event 7 Women 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

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 RMAC Meet: R 2:09.08 5/1/2022 Ava O'Connor, Adams State
 NCAA Prov: P 2:12.23 2023

| Name | Year School | Prelims | H# |
|---------------------|---------------------|------------|----|
| ===== | | | |
| Preliminaries | | | |
| 1 Braybrook, Helen | SO Csu-Pueblo | P 2:09.36Q | 1 |
| 1:02.507 (1:02.507) | 2:09.351 (1:06.844) | | |
| 2 Johnson, Josii | SR Westminster (Ut) | P 2:12.23Q | 2 |
| 1:04.309 (1:04.309) | 2:12.226 (1:07.918) | | |
| 3 Duck, Mackenzie | SR Colo. Mines | 2:12.74Q | 3 |
| 1:04.776 (1:04.776) | 2:12.739 (1:07.963) | | |
| 4 O'Brien, Rachel | JR Adams State | P 2:10.39Q | 1 |
| 1:03.502 (1:03.502) | 2:10.387 (1:06.885) | | |
| 5 Wright, Aryelle | JR Colo. Mines | 2:12.75Q | 3 |
| 1:04.560 (1:04.560) | 2:12.746 (1:08.186) | | |
| 6 Hedlund, Kate | JR Uc-Colo. Spgs. | 2:13.13Q | 2 |
| 1:04.548 (1:04.548) | 2:13.127 (1:08.579) | | |
| 7 Simon, Jessica | SO Adams State | P 2:10.61q | 1 |
| 1:02.858 (1:02.858) | 2:10.605 (1:07.748) | | |
| 8 Kjellsen, Emma | FR Western Colorado | 2:13.57q | 3 |
| 1:05.264 (1:05.264) | 2:13.561 (1:08.298) | | |
| 9 Mohan, Abbey | JR Western Colorado | 2:16.04 | 1 |
| 1:06.650 (1:06.650) | 2:16.033 (1:09.383) | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 7 Women 800 Meter Run

| | | | |
|---------------------|---------------------|---------|------------|
| 10 Herron, Jady | FR Csu-Pueblo | 2:16.35 | 2 |
| 1:04.865 (1:04.865) | 2:16.347 (1:11.482) | | |
| 11 Worline, Emily | SR Westminster (Ut) | 2:17.39 | 3 |
| 1:05.655 (1:05.655) | 2:17.388 (1:11.734) | | |
| 12 Britton, Alyssa | SO Colorado Mesa | 2:19.18 | 3 |
| 1:06.151 (1:06.151) | 2:19.178 (1:13.028) | | |
| 13 Street, Audrynn | SO Msu Denver | 2:20.16 | 2 |
| 1:07.702 (1:07.702) | 2:20.156 (1:12.455) | | |
| 14 Hewitt, Michela | JR Uc-Colo. Spgs. | 2:21.14 | 2 |
| 1:05.131 (1:05.131) | 2:21.131 (1:16.001) | | |
| 15 Goodrich, Rachel | SO Uc-Colo. Spgs. | 2:22.13 | 3 |
| 1:07.496 (1:07.496) | 2:22.127 (1:14.631) | | |
| 16 Carlos, Dulce | SO Western Colorado | 2:22.34 | 2 |
| 1:07.380 (1:07.380) | 2:22.333 (1:14.953) | | |
| 17 Manfre, Miranda | JR Colo. Mines | 2:22.53 | 1 |
| 1:05.985 (1:05.985) | 2:22.526 (1:16.542) | | |
| 18 Boling, Reagan | FR Colo. Christian | 2:23.18 | 1 2:23.173 |
| 1:08.216 (1:08.216) | 2:23.173 (1:14.957) | | |
| 19 Timbang, Erika | JR Uc-Colo. Spgs. | 2:23.18 | 2 2:23.176 |
| 1:07.103 (1:07.103) | 2:23.176 (1:16.073) | | |
| 20 Saline, Abbie | JR S.D. Mines | 2:23.98 | 3 |
| 1:07.831 (1:07.831) | 2:23.972 (1:16.142) | | |
| 21 Peterson, Claire | FR Fort Lewis | 2:25.16 | 1 |
| 1:09.527 (1:09.527) | 2:25.160 (1:15.634) | | |
| 22 Chavez, Tanis | FR Msu Denver | 2:26.94 | 2 |
| 1:08.204 (1:08.204) | 2:26.939 (1:18.736) | | |

Event 7 Women 800 Meter Run

=====
 RMAC Meet: R 2:09.08 5/1/2022 Ava O'Connor, Adams State
 NCAA Prov: P 2:12.23 2023

Name Year School Finals Points
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Finals

| | | | | |
|---------------------|---------------------|----------|----|-------------|
| 1 Braybrook, Helen | SO Csu-Pueblo | 2:06.34R | 10 | RMAC Record |
| 1:01.765 (1:01.765) | 2:06.336 (1:04.572) | | | |
| 2 Johnson, Josii | SR Westminster (Ut) | 2:07.53R | 8 | |
| 1:02.027 (1:02.027) | 2:07.525 (1:05.498) | | | |
| 3 Wright, Aryelle | JR Colo. Mines | 2:08.37R | 6 | |
| 1:02.360 (1:02.360) | 2:08.366 (1:06.007) | | | |
| 4 Duck, Mackenzie | SR Colo. Mines | 2:09.05R | 5 | |
| 1:03.250 (1:03.250) | 2:09.044 (1:05.794) | | | |
| 5 Simon, Jessica | SO Adams State | 2:10.12P | 4 | |
| 1:03.574 (1:03.574) | 2:10.115 (1:06.541) | | | |
| 6 O'Brien, Rachel | JR Adams State | 2:10.37P | 3 | |
| 1:03.691 (1:03.691) | 2:10.370 (1:06.679) | | | |
| 7 Hedlund, Kate | JR Uc-Colo. Spgs. | 2:11.30P | 2 | |
| 1:04.131 (1:04.131) | 2:11.297 (1:07.167) | | | |
| 8 Kjellsen, Emma | FR Western Colorado | 2:12.42 | 1 | |
| 1:04.367 (1:04.367) | 2:12.416 (1:08.050) | | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****Event 9 Women 1500 Meter Run****12 Advance: Top 4 Each Heat plus Next 4 Best Times**

| RMAC Meet: R 4:21.41 1996 | | Elva Martinez-Dryer, Western S | |
|---------------------------|---------------------|--------------------------------|---------------------|
| NCAA Prov: P 4:32.09 2023 | | | |
| Name | Year School | Prelims | H# |
| Preliminaries | | | |
| 1 McAlindon, Courtney | SR Westminster (Ut) | P 4:28.10Q | 1 |
| 54.473 (54.473) | 2:07.506 (1:13.033) | 3:20.186 (1:12.681) | 4:28.099 (1:07.914) |
| 2 Hedlund, Kate | JR Uc-Colo. Spgs. | 4:39.23Q | 2 |
| 58.790 (58.790) | 2:17.654 (1:18.864) | 3:30.455 (1:12.802) | 4:39.227 (1:08.772) |
| 3 Lawrence, Nicole | JR Adams State | P 4:28.30Q | 1 |
| 54.608 (54.608) | 2:07.657 (1:13.050) | 3:20.719 (1:13.062) | 4:28.296 (1:07.577) |
| 4 Fankhouser, Katie | JR Fort Lewis | 4:39.33Q | 2 |
| 58.916 (58.916) | 2:17.755 (1:18.839) | 3:30.615 (1:12.861) | 4:39.330 (1:08.716) |
| 5 Taylor, Leah | FR Western Colorado | P 4:30.00Q | 1 |
| 54.741 (54.741) | 2:07.775 (1:13.034) | 3:21.014 (1:13.239) | 4:29.998 (1:08.985) |
| 6 Fauske, Anna | SO Uc-Colo. Spgs. | 4:39.48Q | 2 |
| 59.119 (59.119) | 2:17.981 (1:18.862) | 3:30.994 (1:13.014) | 4:39.473 (1:08.479) |
| 7 Beasley, Allison | FR Western Colorado | P 4:30.17Q | 1 |
| 54.247 (54.247) | 2:07.271 (1:13.025) | 3:20.502 (1:13.232) | 4:30.162 (1:09.660) |
| 8 McCleskey, Maggie | FR Adams State | 4:39.49Q | 2 |
| 59.054 (59.054) | 2:17.921 (1:18.867) | 3:30.304 (1:12.384) | 4:39.482 (1:09.178) |
| 9 Kjellsen, Emma | FR Western Colorado | P 4:31.09q | 1 |
| 54.989 (54.989) | 2:08.038 (1:13.049) | 3:21.692 (1:13.655) | 4:31.088 (1:09.396) |
| 10 MacGill, Kira | SO Colorado Mesa | 4:32.29q | 1 |
| 54.867 (54.867) | 2:07.892 (1:13.026) | 3:21.528 (1:13.636) | 4:32.289 (1:10.762) |
| 11 Herr, Alexis | FR Colo. Mines | 4:37.35q | 1 |
| 55.101 (55.101) | 2:08.054 (1:12.953) | 3:22.054 (1:14.001) | 4:37.349 (1:15.295) |
| 12 Dorion, Amalia | SO Adams State | 4:40.14q | 2 |
| 59.219 (59.219) | 2:18.201 (1:18.982) | 3:30.769 (1:12.569) | 4:40.133 (1:09.364) |
| 13 Miller, Molly | JR Colo. Christian | 4:40.88 | 2 |
| 59.349 (59.349) | 2:18.117 (1:18.769) | 3:32.343 (1:14.226) | 4:40.874 (1:08.532) |
| 14 Curley, Angel | SR Fort Lewis | 4:47.06 | 1 |
| 55.504 (55.504) | 2:10.758 (1:15.254) | 3:31.481 (1:20.723) | 4:47.054 (1:15.573) |
| 15 Graff, Kelsey | JR Uc-Colo. Spgs. | 4:54.60 | 2 |
| 59.748 (59.748) | 2:18.527 (1:18.780) | 3:36.161 (1:17.635) | 4:54.600 (1:18.440) |
| 16 Holland, Taylor | SO Csu-Pueblo | 4:55.65 | 1 |
| 54.631 (54.631) | 2:07.849 (1:13.218) | 3:26.249 (1:18.401) | 4:55.643 (1:29.394) |
| 17 Ketner, Callie | JR Colo. Christian | 4:57.20 | 1 |
| 55.277 (55.277) | 2:11.116 (1:15.839) | 3:34.014 (1:22.898) | 4:57.193 (1:23.180) |
| 18 Peterson, Claire | FR Fort Lewis | 4:59.37 | 2 |
| 59.963 (59.963) | 2:19.636 (1:19.673) | 3:42.202 (1:22.567) | 4:59.361 (1:17.159) |
| 19 Carlos, Dulce | SO Western Colorado | 4:59.65 | 2 |
| 1:00.044 (1:00.044) | 2:19.273 (1:19.229) | 3:39.857 (1:20.585) | 4:59.642 (1:19.785) |
| 20 Robinson, Xiomara | SR Black Hills St. | 5:01.24 | 2 |
| 59.403 (59.403) | 2:18.034 (1:18.632) | 3:33.685 (1:15.651) | 5:01.232 (1:27.547) |
| 21 Breuer, Molly | FR Uc-Colo. Spgs. | 5:03.61 | 2 |
| 59.662 (59.662) | 2:18.993 (1:19.331) | 3:41.517 (1:22.525) | 5:03.606 (1:22.089) |
| 22 Wieman, Alissa | SO Chadron State | 5:03.86 | 1 |
| 55.745 (55.745) | 2:15.110 (1:19.365) | 3:40.277 (1:25.168) | 5:03.852 (1:23.575) |
| 23 Mena, Sophia | SO Fort Lewis | 5:05.37 | 2 |
| 59.776 (59.776) | 2:19.405 (1:19.629) | 3:41.879 (1:22.475) | 5:05.370 (1:23.492) |
| 24 Castilleja, Marisol | FR Fort Lewis | 5:05.96 | 1 |
| 56.391 (56.391) | 2:17.718 (1:21.327) | 3:43.555 (1:25.837) | 5:05.955 (1:22.401) |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

Event 9 Women 1500 Meter Run

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 RMAC Meet: R 4:21.41 1996 Elva Martinez-Dryer, Western State
 NCAA Prov: P 4:32.09 2023

=====
 Name Year School Finals Points
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Finals

| | | | | | |
|----|---------------------|---------------------|---------------------|---------------------|--|
| 1 | Fankhouser, Katie | JR Fort Lewis | 4:27.22P | 10 | |
| | 55.092 (55.092) | 2:09.497 (1:14.405) | 3:22.056 (1:12.560) | 4:27.214 (1:05.159) | |
| 2 | McAlindon, Courtney | SR Westminster (Ut) | 4:27.90P | 8 | |
| | 55.178 (55.178) | 2:09.682 (1:14.505) | 3:22.598 (1:12.916) | 4:27.900 (1:05.302) | |
| 3 | Taylor, Leah | FR Western Colorado | 4:28.81P | 6 | |
| | 55.457 (55.457) | 2:10.246 (1:14.789) | 3:23.143 (1:12.898) | 4:28.805 (1:05.662) | |
| 4 | Hedlund, Kate | JR Uc-Colo. Spgs. | 4:29.33P | 5 | |
| | 55.563 (55.563) | 2:10.101 (1:14.539) | 3:22.485 (1:12.385) | 4:29.323 (1:06.838) | |
| 5 | McCleskey, Maggie | FR Adams State | 4:30.07P | 4 | |
| | 55.361 (55.361) | 2:09.826 (1:14.465) | 3:22.104 (1:12.279) | 4:30.061 (1:07.957) | |
| 6 | MacGill, Kira | SO Colorado Mesa | 4:30.90P | 3 | |
| | 55.492 (55.492) | 2:09.866 (1:14.374) | 3:23.088 (1:13.223) | 4:30.896 (1:07.808) | |
| 7 | Fauske, Anna | SO Uc-Colo. Spgs. | 4:31.11P | 2 | |
| | 55.693 (55.693) | 2:10.414 (1:14.722) | 3:23.660 (1:13.246) | 4:31.107 (1:07.447) | |
| 8 | Beasley, Allison | FR Western Colorado | 4:31.89P | 1 | |
| | 55.285 (55.285) | 2:09.902 (1:14.618) | 3:22.816 (1:12.914) | 4:31.881 (1:09.065) | |
| 9 | Kjellsen, Emma | FR Western Colorado | 4:32.46 | | |
| | 55.850 (55.850) | 2:10.172 (1:14.322) | 3:23.925 (1:13.754) | 4:32.451 (1:08.527) | |
| 10 | Lawrence, Nicole | JR Adams State | 4:32.53 | | |
| | 54.797 (54.797) | 2:09.429 (1:14.632) | 3:23.397 (1:13.968) | 4:32.526 (1:09.129) | |
| 11 | Dorion, Amalia | SO Adams State | 4:34.02 | | |
| | 54.975 (54.975) | 2:09.652 (1:14.678) | 3:23.309 (1:13.657) | 4:34.019 (1:10.710) | |
| 12 | Herr, Alexis | FR Colo. Mines | 4:37.95 | | |
| | 55.650 (55.650) | 2:10.062 (1:14.412) | 3:24.208 (1:14.146) | 4:37.943 (1:13.736) | |

Event 13 Women 5000 Meter Run

=====
 RMAC Meet: R 17:03.86 1999 Kim Bosen, Adams State
 NCAA Prov: P 17:07.10 2023

=====
 Name Year School Finals Points
 =====

| | | | | | |
|---|----------------------|----------------------|----------------------|----------------------|-------------|
| 1 | Doucette, Katie | JR Western Colorado | 16:28.45R | 10 | RMAC Record |
| | 37.823 (37.823) | 2:00.000 (1:22.177) | 3:22.793 (1:22.794) | 4:45.283 (1:22.491) | |
| | 6:04.768 (1:19.485) | 7:22.489 (1:17.721) | 8:41.712 (1:19.224) | 10:01.080 (1:19.368) | |
| | 11:20.541 (1:19.462) | 12:39.706 (1:19.165) | 13:59.462 (1:19.756) | 15:17.685 (1:18.223) | |
| | 16:28.445 (1:10.761) | | | | |
| 2 | Baker, Zoe | JR Colo. Mines | 16:29.31R | 8 | |
| | 38.661 (38.661) | 2:00.186 (1:21.526) | 3:23.009 (1:22.823) | 4:45.511 (1:22.502) | |
| | 6:04.979 (1:19.468) | 7:22.707 (1:17.729) | 8:41.918 (1:19.211) | 10:01.266 (1:19.349) | |
| | 11:20.662 (1:19.396) | 12:39.805 (1:19.144) | 13:59.635 (1:19.831) | 15:17.799 (1:18.165) | |
| | 16:29.309 (1:11.510) | | | | |
| 3 | MacGill, Kira | SO Colorado Mesa | 16:59.99R | 6 | |
| | 38.821 (38.821) | 2:00.413 (1:21.592) | 3:23.285 (1:22.872) | 4:45.705 (1:22.420) | |
| | 6:05.803 (1:20.099) | 7:26.332 (1:20.530) | 8:48.414 (1:22.082) | 10:11.113 (1:22.699) | |
| | 11:34.387 (1:23.274) | 12:57.559 (1:23.173) | 14:21.167 (1:23.609) | 15:43.683 (1:22.516) | |
| | 16:59.983 (1:16.300) | | | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 13 Women 5000 Meter Run**

| | | | |
|----------------------|----------------------|----------------------|----------------------|
| 4 Moser, Holly | JR Colo. Mines | 17:10.10 | 5 |
| 40.040 (40.040) | 2:01.197 (1:21.157) | 3:23.952 (1:22.755) | 4:46.210 (1:22.258) |
| 6:07.422 (1:21.213) | 7:28.371 (1:20.949) | 8:51.153 (1:22.783) | 10:14.466 (1:23.313) |
| 11:38.761 (1:24.295) | 13:02.604 (1:23.844) | 14:26.099 (1:23.495) | 15:49.860 (1:23.762) |
| 17:10.096 (1:20.236) | | | |
| 5 Taylor, Leah | FR Western Colorado | 17:16.74 | 4 |
| 40.835 (40.835) | 2:01.762 (1:20.928) | 3:24.519 (1:22.757) | 4:46.459 (1:21.940) |
| 6:08.002 (1:21.544) | 7:30.736 (1:22.735) | 8:55.772 (1:25.036) | 10:20.429 (1:24.657) |
| 11:46.154 (1:25.726) | 13:12.317 (1:26.163) | 14:37.185 (1:24.868) | 16:01.013 (1:23.828) |
| 17:16.736 (1:15.724) | | | |
| 6 Maksin, Molly | JR Colo. Mines | 17:18.42 | 3 |
| 39.083 (39.083) | 2:00.659 (1:21.576) | 3:23.536 (1:22.878) | 4:45.844 (1:22.309) |
| 6:05.295 (1:19.451) | 7:23.019 (1:17.724) | 8:42.426 (1:19.408) | 10:04.176 (1:21.750) |
| 11:27.590 (1:23.414) | 12:53.257 (1:25.668) | 14:21.017 (1:27.761) | 15:47.467 (1:26.450) |
| 17:18.412 (1:30.946) | | | |
| 7 Strongman, Grace | FR Colo. Mines | 17:24.00 | 2 |
| 40.602 (40.602) | 2:02.849 (1:22.248) | 3:25.171 (1:22.322) | 4:46.957 (1:21.786) |
| 6:08.619 (1:21.663) | 7:31.373 (1:22.754) | 8:56.054 (1:24.682) | 10:20.611 (1:24.557) |
| 11:45.531 (1:24.920) | 13:12.177 (1:26.647) | 14:37.930 (1:25.754) | 16:03.239 (1:25.309) |
| 17:23.991 (1:20.753) | | | |
| 8 Fauske, Anna | SO Uc-Colo. Spgs. | 17:25.32 | 1 |
| 39.864 (39.864) | 2:02.210 (1:22.346) | 3:25.073 (1:22.864) | 4:47.129 (1:22.056) |
| 6:10.229 (1:23.101) | 7:32.874 (1:22.645) | 8:59.181 (1:26.308) | 10:25.376 (1:26.195) |
| 11:52.627 (1:27.251) | 13:20.124 (1:27.498) | 14:46.752 (1:26.628) | 16:12.233 (1:25.481) |
| 17:25.316 (1:13.084) | | | |
| 9 Slatlum, Gretchen | SO Western Colorado | 17:25.87 | |
| 39.634 (39.634) | 2:01.552 (1:21.918) | 3:24.265 (1:22.714) | 4:46.755 (1:22.491) |
| 6:08.280 (1:21.526) | 7:30.012 (1:21.732) | 8:53.684 (1:23.673) | 10:19.402 (1:25.718) |
| 11:45.280 (1:25.878) | 13:11.881 (1:26.602) | 14:37.629 (1:25.748) | 16:04.043 (1:26.415) |
| 17:25.868 (1:21.825) | | | |
| 10 Lee, Amanda | JR Westminster (Ut) | 17:31.88 | |
| 39.375 (39.375) | 2:00.875 (1:21.500) | 3:23.733 (1:22.859) | 4:46.032 (1:22.300) |
| 6:06.910 (1:20.878) | 7:29.402 (1:22.493) | 8:55.193 (1:25.791) | 10:19.609 (1:24.417) |
| 11:44.993 (1:25.385) | 13:11.558 (1:26.565) | 14:39.091 (1:27.533) | 16:07.387 (1:28.296) |
| 17:31.880 (1:24.494) | | | |
| 11 Brown, Sylvia | SO Black Hills St. | 17:46.35 | |
| 41.418 (41.418) | 2:03.906 (1:22.489) | 3:29.049 (1:25.143) | 4:56.926 (1:27.877) |
| 6:24.526 (1:27.601) | 7:51.211 (1:26.685) | 9:18.764 (1:27.554) | 10:45.075 (1:26.311) |
| 12:11.573 (1:26.499) | 13:37.473 (1:25.900) | 15:02.848 (1:25.376) | 16:28.661 (1:25.813) |
| 17:46.342 (1:17.682) | | | |
| 12 Strouse, Brin | JR Colo. Mines | 17:53.71 | |
| 40.538 (40.538) | 2:02.610 (1:22.073) | 3:24.846 (1:22.237) | 4:47.191 (1:22.345) |
| 6:10.908 (1:23.718) | 7:35.935 (1:25.027) | 9:02.992 (1:27.058) | 10:29.900 (1:26.909) |
| 11:57.462 (1:27.563) | 13:27.309 (1:29.847) | 14:58.072 (1:30.764) | 16:28.362 (1:30.290) |
| 17:53.710 (1:25.349) | | | |
| 13 Curley, Angel | SR Fort Lewis | 17:55.35 | |
| 40.283 (40.283) | 2:01.915 (1:21.632) | 3:24.778 (1:22.863) | 4:46.655 (1:21.878) |
| 6:09.844 (1:23.189) | 7:34.185 (1:24.342) | 9:02.092 (1:27.908) | 10:31.709 (1:29.617) |
| 12:02.870 (1:31.162) | 13:31.739 (1:28.869) | 15:04.291 (1:32.553) | 16:35.782 (1:31.492) |
| 17:55.349 (1:19.568) | | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 13 Women 5000 Meter Run

| | | | | | | | |
|----|----------------------|----------------------|----------------------|----------------------|--|--|--|
| 14 | Ketner, Callie | JR Colo. Christian | 17:58.80 | | | | |
| | 41.045 (41.045) | 2:04.271 (1:23.226) | 3:29.350 (1:25.080) | 4:57.171 (1:27.821) | | | |
| | 6:24.800 (1:27.629) | 7:50.912 (1:26.112) | 9:18.479 (1:27.568) | 10:45.335 (1:26.857) | | | |
| | 12:11.808 (1:26.474) | 13:37.788 (1:25.980) | 15:06.901 (1:29.113) | 16:36.511 (1:29.611) | | | |
| | 17:58.799 (1:22.288) | | | | | | |
| 15 | Lovato, Faith | JR NM Highlands | 18:10.02 | | | | |
| | 40.723 (40.723) | 2:02.700 (1:21.978) | 3:25.949 (1:23.249) | 4:47.365 (1:21.417) | | | |
| | 6:10.463 (1:23.098) | 7:33.132 (1:22.669) | 8:59.504 (1:26.373) | 10:27.200 (1:27.696) | | | |
| | 11:58.736 (1:31.537) | 13:33.872 (1:35.136) | 15:09.323 (1:35.451) | 16:44.100 (1:34.778) | | | |
| | 18:10.019 (1:25.919) | | | | | | |
| 16 | Ingallinera, Mason | SO Uc-Colo. Spgs. | 18:10.31 | | | | |
| | 41.735 (41.735) | 2:08.111 (1:26.377) | 3:37.830 (1:29.719) | 5:05.545 (1:27.716) | | | |
| | 6:32.678 (1:27.133) | 8:01.617 (1:28.940) | 9:29.937 (1:28.321) | 10:57.152 (1:27.216) | | | |
| | 12:24.396 (1:27.245) | 13:53.180 (1:28.784) | 15:21.382 (1:28.202) | 16:49.630 (1:28.249) | | | |
| | 18:10.308 (1:20.678) | | | | | | |
| 17 | Graff, Kelsey | JR Uc-Colo. Spgs. | 18:17.27 | | | | |
| | 42.102 (42.102) | 2:08.619 (1:26.517) | 3:37.989 (1:29.370) | 5:05.266 (1:27.278) | | | |
| | 6:32.450 (1:27.184) | 8:01.574 (1:29.125) | 9:30.374 (1:28.800) | 10:58.138 (1:27.765) | | | |
| | 12:26.962 (1:28.824) | 13:55.997 (1:29.036) | 15:25.295 (1:29.299) | 16:52.761 (1:27.466) | | | |
| | 18:17.268 (1:24.508) | | | | | | |
| 18 | Gaughan, Katherine | JR Fort Lewis | 18:34.22 | | | | |
| | 41.076 (41.076) | 2:03.344 (1:22.268) | 3:28.030 (1:24.686) | 4:56.633 (1:28.604) | | | |
| | 6:25.130 (1:28.498) | 7:56.221 (1:31.092) | 9:29.793 (1:33.572) | 11:02.214 (1:32.421) | | | |
| | 12:34.820 (1:32.607) | 14:07.657 (1:32.837) | 15:42.001 (1:34.344) | 17:14.211 (1:32.211) | | | |
| | 18:34.211 (1:20.000) | | | | | | |
| 19 | Hoffman, Mikenna | FR Fort Lewis | 18:34.68 | | | | |
| | 39.238 (39.238) | 2:02.520 (1:23.283) | 3:25.745 (1:23.225) | 4:47.794 (1:22.049) | | | |
| | 6:16.138 (1:28.345) | 7:48.451 (1:32.313) | 9:19.002 (1:30.551) | 10:48.132 (1:29.131) | | | |
| | 12:23.584 (1:35.452) | 13:56.933 (1:33.349) | 15:33.089 (1:36.157) | 17:07.553 (1:34.465) | | | |
| | 18:34.678 (1:27.125) | | | | | | |
| 20 | Fischer, Clare | FR S.D. Mines | 18:53.84 | | | | |
| | 40.423 (40.423) | 2:06.620 (1:26.198) | 3:36.066 (1:29.446) | 5:05.775 (1:29.710) | | | |
| | 6:33.334 (1:27.560) | 8:03.682 (1:30.348) | 9:37.394 (1:33.713) | 11:09.878 (1:32.484) | | | |
| | 12:44.051 (1:34.173) | 14:18.508 (1:34.458) | 15:53.524 (1:35.016) | 17:27.484 (1:33.960) | | | |
| | 18:53.834 (1:26.351) | | | | | | |
| -- | Kaiser, Olivia | FR Western Colorado | DNF | | | | |
| | 37.365 (37.365) | 1:59.675 (1:22.310) | 3:22.469 (1:22.795) | 4:44.954 (1:22.485) | | | |
| -- | Peters, Clare | JR Colo. Mines | DNS | | | | |
| -- | Basart, Margaux | FR Colo. Mines | DNS | | | | |
| -- | Robinson, Xiomara | SR Black Hills St. | SCR | | | | |

Event 15 Women 10000 Meter Run

| | | | | |
|------------|------------|-------------|-----------|---------------|
| ===== | | | | |
| RMAC Meet: | R 35:59.10 | 2001 | Jodi Day, | Western State |
| NCAA Prov: | P 36:28.87 | 2023 | | |
| Name | | Year School | Finals | Points |
| ===== | | | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 15 Women 10000 Meter Run**

| | | | | |
|---|----------------------|----------------------|----------------------|----------------------|
| 1 | Anderson, Saydi | SR Westminster (Ut) | 36:46.92 | 10 |
| | 1:33.527 (1:33.527) | 3:07.710 (1:34.184) | 4:39.012 (1:31.303) | 6:07.727 (1:28.715) |
| | 7:36.614 (1:28.887) | 9:03.851 (1:27.238) | 10:31.253 (1:27.402) | 11:58.924 (1:27.672) |
| | 13:27.107 (1:28.183) | 14:55.742 (1:28.636) | 16:23.371 (1:27.629) | 17:51.166 (1:27.796) |
| | 19:18.916 (1:27.751) | 20:46.795 (1:27.879) | 22:15.867 (1:29.072) | 23:45.431 (1:29.564) |
| | 25:14.155 (1:28.724) | 26:43.420 (1:29.265) | 28:12.486 (1:29.067) | 29:41.490 (1:29.005) |
| | 31:10.023 (1:28.533) | 32:38.673 (1:28.651) | 34:00.082 (1:21.410) | 35:26.019 (1:25.937) |
| | 36:46.914 (1:20.896) | | | |
| 2 | Read, Abi | JR Msu Denver | 36:58.79 | 8 |
| | 1:30.297 (1:30.297) | 3:05.816 (1:35.520) | 4:36.960 (1:31.144) | 6:04.937 (1:27.977) |
| | 7:33.426 (1:28.490) | 9:02.920 (1:29.495) | 10:30.024 (1:27.105) | 11:57.921 (1:27.897) |
| | 13:26.090 (1:28.170) | 14:54.693 (1:28.604) | 16:22.245 (1:27.553) | 17:50.275 (1:28.030) |
| | 19:18.607 (1:28.333) | 20:46.618 (1:28.011) | 22:15.561 (1:28.944) | 23:45.156 (1:29.595) |
| | 25:13.874 (1:28.719) | 26:43.103 (1:29.230) | 28:12.226 (1:29.123) | 29:41.211 (1:28.985) |
| | 31:09.785 (1:28.574) | 32:38.509 (1:28.724) | 34:06.608 (1:28.099) | 35:35.254 (1:28.647) |
| | 36:58.781 (1:23.527) | | | |
| 3 | Strongman, Grace | FR Colo. Mines | 37:25.09 | 6 |
| | 1:31.936 (1:31.936) | 3:06.416 (1:34.481) | 4:37.679 (1:31.263) | 6:05.216 (1:27.538) |
| | 7:33.712 (1:28.497) | 9:03.205 (1:29.493) | 10:30.325 (1:27.120) | 11:58.203 (1:27.879) |
| | 13:26.360 (1:28.158) | 14:54.954 (1:28.594) | 16:22.569 (1:27.615) | 17:50.583 (1:28.014) |
| | 19:19.199 (1:28.617) | 20:47.003 (1:27.804) | 22:16.152 (1:29.150) | 23:45.736 (1:29.585) |
| | 25:14.494 (1:28.758) | 26:44.291 (1:29.797) | 28:17.042 (1:32.752) | 29:48.856 (1:31.814) |
| | 31:21.659 (1:32.803) | 32:54.722 (1:33.064) | 34:26.451 (1:31.729) | 36:00.127 (1:33.676) |
| | 37:25.088 (1:24.962) | | | |
| 4 | Ray, Brandy | JR Fort Lewis | 37:38.74 | 5 |
| | 1:31.451 (1:31.451) | 3:06.148 (1:34.697) | 4:37.423 (1:31.275) | 6:06.145 (1:28.723) |
| | 7:34.016 (1:27.871) | 9:03.514 (1:29.499) | 10:30.703 (1:27.189) | 11:58.499 (1:27.796) |
| | 13:26.627 (1:28.128) | 14:55.234 (1:28.608) | 16:22.925 (1:27.691) | 17:50.883 (1:27.959) |
| | 19:19.472 (1:28.589) | 20:46.972 (1:27.501) | 22:16.456 (1:29.484) | 23:46.297 (1:29.842) |
| | 25:15.539 (1:29.242) | 26:49.162 (1:33.623) | 28:22.483 (1:33.322) | 29:55.330 (1:32.847) |
| | 31:29.492 (1:34.162) | 33:04.171 (1:34.680) | 34:38.251 (1:34.080) | 36:11.694 (1:33.443) |
| | 37:38.739 (1:27.046) | | | |
| 5 | Kaiser, Olivia | FR Western Colorado | 37:58.24 | 4 |
| | 1:31.707 (1:31.707) | 3:06.668 (1:34.961) | 4:37.870 (1:31.203) | 6:06.625 (1:28.755) |
| | 7:36.452 (1:29.827) | 9:04.586 (1:28.135) | 10:34.522 (1:29.936) | 12:06.021 (1:31.499) |
| | 13:37.248 (1:31.228) | 15:09.424 (1:32.177) | 16:41.802 (1:32.378) | 18:16.205 (1:34.403) |
| | 19:47.255 (1:31.051) | 21:18.146 (1:30.891) | 22:51.263 (1:33.117) | 24:24.114 (1:32.851) |
| | 25:56.859 (1:32.746) | 27:28.490 (1:31.631) | 29:00.516 (1:32.027) | 30:33.970 (1:33.454) |
| | 32:07.730 (1:33.760) | 33:40.157 (1:32.428) | 35:12.329 (1:32.172) | 36:40.937 (1:28.608) |
| | 37:58.233 (1:17.297) | | | |
| 6 | Renberg, Sarah | FR Csu-Pueblo | 38:00.45 | 3 |
| | 1:32.043 (1:32.043) | 3:06.946 (1:34.904) | 4:38.163 (1:31.217) | 6:06.908 (1:28.746) |
| | 7:36.690 (1:29.782) | 9:04.866 (1:28.177) | 10:34.781 (1:29.915) | 12:06.204 (1:31.424) |
| | 13:37.501 (1:31.298) | 15:09.656 (1:32.156) | 16:42.130 (1:32.474) | 18:16.384 (1:34.255) |
| | 19:45.093 (1:28.709) | 21:14.753 (1:29.660) | 22:45.590 (1:30.838) | 24:18.071 (1:32.481) |
| | 25:50.848 (1:32.777) | 27:23.231 (1:32.384) | 28:56.737 (1:33.507) | 30:29.997 (1:33.260) |
| | 32:03.457 (1:33.460) | 33:36.487 (1:33.031) | 35:09.229 (1:32.742) | 36:38.169 (1:28.940) |
| | 38:00.443 (1:22.274) | | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023**Chadron State University****Chadron, Nebraska****Results****....Event 15 Women 10000 Meter Run**

| | | | | |
|----|-------------------------|----------------------|----------------------|----------------------|
| 7 | Madrid, Jessica | FR Uc-Colo. Spgs. | 38:02.47 | 2 |
| | 1:33.027 (1:33.027) | 3:08.036 (1:35.009) | 4:39.246 (1:31.210) | 6:08.297 (1:29.051) |
| | 7:37.263 (1:28.966) | 9:05.660 (1:28.398) | 10:35.272 (1:29.612) | 12:06.423 (1:31.152) |
| | 13:37.695 (1:31.272) | 15:09.840 (1:32.145) | 16:42.022 (1:32.183) | 18:16.427 (1:34.405) |
| | 19:46.822 (1:30.395) | 21:15.148 (1:28.327) | 22:45.876 (1:30.728) | 24:18.303 (1:32.428) |
| | 25:51.069 (1:32.767) | 27:23.602 (1:32.534) | 28:57.010 (1:33.408) | 30:30.220 (1:33.210) |
| | 32:03.783 (1:33.563) | 33:36.230 (1:32.448) | 35:09.448 (1:33.218) | 36:38.475 (1:29.028) |
| | 38:02.467 (1:23.992) | | | |
| 8 | Rohrer-Fitzhugh, Hannah | SR Westminster (Ut) | 38:02.86 | 1 |
| | 1:32.401 (1:32.401) | 3:07.857 (1:35.456) | 4:39.164 (1:31.307) | 6:08.017 (1:28.853) |
| | 7:36.945 (1:28.929) | 9:04.150 (1:27.205) | 10:34.150 (1:30.000) | 12:05.971 (1:31.821) |
| | 13:37.849 (1:31.879) | 15:10.042 (1:32.193) | 16:42.437 (1:32.396) | 18:16.850 (1:34.413) |
| | 19:47.352 (1:30.503) | 21:18.392 (1:31.040) | 22:48.484 (1:30.092) | 24:19.909 (1:31.426) |
| | 25:52.983 (1:33.074) | 27:25.897 (1:32.915) | 28:59.247 (1:33.350) | 30:31.906 (1:32.659) |
| | 32:06.255 (1:34.350) | 33:39.208 (1:32.953) | 35:10.058 (1:30.851) | 36:37.540 (1:27.482) |
| | 38:02.858 (1:25.318) | | | |
| 9 | Schmitz, Halle | FR Csu-Pueblo | 38:36.23 | |
| | 1:32.801 (1:32.801) | 3:08.195 (1:35.394) | 4:39.694 (1:31.500) | 6:09.186 (1:29.493) |
| | 7:37.812 (1:28.626) | 9:06.181 (1:28.369) | 10:35.738 (1:29.558) | 12:07.041 (1:31.303) |
| | 13:38.122 (1:31.082) | 15:10.104 (1:31.982) | 16:42.310 (1:32.206) | 18:16.670 (1:34.361) |
| | 19:47.581 (1:30.911) | 21:17.412 (1:29.832) | 22:51.703 (1:34.291) | 24:24.653 (1:32.950) |
| | 25:57.411 (1:32.758) | 27:31.761 (1:34.350) | 29:09.026 (1:37.266) | 30:44.339 (1:35.314) |
| | 32:19.448 (1:35.109) | 33:55.951 (1:36.504) | 35:30.936 (1:34.985) | 37:06.668 (1:35.733) |
| | 38:36.229 (1:29.561) | | | |
| 10 | Kunz, Lacey | FR Western Colorado | 38:40.63 | |
| | 1:33.276 (1:33.276) | 3:08.096 (1:34.821) | 4:39.517 (1:31.421) | 6:08.917 (1:29.401) |
| | 7:37.573 (1:28.656) | 9:06.501 (1:28.928) | 10:36.748 (1:30.248) | 12:07.618 (1:30.870) |
| | 13:38.566 (1:30.948) | 15:10.633 (1:32.068) | 16:42.967 (1:32.334) | 18:17.181 (1:34.214) |
| | 19:48.397 (1:31.217) | 21:20.032 (1:31.635) | 22:54.538 (1:34.507) | 24:30.318 (1:35.780) |
| | 26:07.034 (1:36.716) | 27:43.659 (1:36.626) | 29:20.798 (1:37.139) | 30:57.838 (1:37.040) |
| | 32:32.264 (1:34.427) | 34:08.783 (1:36.520) | 35:44.032 (1:35.249) | 37:17.530 (1:33.499) |
| | 38:40.629 (1:23.099) | | | |
| 11 | Ingallinera, Mason | SO Uc-Colo. Spgs. | 38:44.73 | |
| | 1:33.016 (1:33.016) | 3:08.310 (1:35.295) | 4:39.355 (1:31.045) | 6:08.528 (1:29.174) |
| | 7:37.290 (1:28.762) | 9:05.933 (1:28.643) | 10:35.249 (1:29.317) | 12:06.271 (1:31.023) |
| | 13:37.488 (1:31.217) | 15:09.508 (1:32.021) | 16:41.919 (1:32.412) | 18:16.220 (1:34.302) |
| | 19:47.031 (1:30.811) | 21:16.210 (1:29.179) | 22:47.641 (1:31.432) | 24:20.453 (1:32.813) |
| | 25:55.738 (1:35.285) | 27:29.502 (1:33.765) | 29:06.899 (1:37.397) | 30:44.271 (1:37.373) |
| | 32:19.689 (1:35.418) | 33:57.177 (1:37.488) | 35:36.692 (1:39.515) | 37:14.488 (1:37.796) |
| | 38:44.727 (1:30.240) | | | |
| 12 | Loe, Ashleigh | FR Colo. Mines | 38:49.02 | |
| | 1:32.327 (1:32.327) | 3:07.514 (1:35.188) | 4:38.713 (1:31.199) | 6:07.440 (1:28.727) |
| | 7:37.102 (1:29.663) | 9:05.111 (1:28.010) | 10:35.017 (1:29.907) | 12:06.472 (1:31.455) |
| | 13:37.960 (1:31.489) | 15:09.782 (1:31.822) | 16:42.221 (1:32.440) | 18:16.578 (1:34.357) |
| | 19:47.049 (1:30.472) | 21:16.500 (1:29.451) | 22:49.236 (1:32.736) | 24:24.393 (1:35.157) |
| | 25:57.708 (1:33.316) | 27:31.312 (1:33.605) | 29:09.251 (1:37.939) | 30:45.788 (1:36.538) |
| | 32:23.674 (1:37.887) | 33:59.891 (1:36.217) | 35:38.887 (1:38.996) | 37:16.110 (1:37.224) |
| | 38:49.014 (1:32.904) | | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 15 Women 10000 Meter Run

| | | |
|----------------------|----------------------|----------------------|
| 13 Shoemaker, Maddy | SR Fort Lewis | 40:41.94 |
| 1:33.301 (1:33.301) | 3:08.559 (1:35.259) | 4:39.646 (1:31.087) |
| 7:38.440 (1:28.981) | 9:09.653 (1:31.214) | 10:45.375 (1:35.723) |
| 13:58.790 (1:37.307) | 15:37.552 (1:38.763) | 17:16.220 (1:38.669) |
| 20:34.097 (1:39.975) | 22:13.197 (1:39.101) | 23:54.260 (1:41.064) |
| 27:17.023 (1:41.356) | 28:58.390 (1:41.367) | 30:38.808 (1:40.419) |
| 34:00.582 (1:41.844) | 35:42.377 (1:41.796) | 37:23.954 (1:41.578) |
| 40:41.932 (1:36.451) | | 39:05.481 (1:41.528) |
| 14 Leslie, Jewels | SO NM Highlands | 41:00.48 |
| 1:32.731 (1:32.731) | 3:08.535 (1:35.805) | 4:39.948 (1:31.413) |
| 7:39.754 (1:30.003) | 9:13.742 (1:33.988) | 10:51.187 (1:37.446) |
| 14:10.092 (1:40.457) | 15:49.269 (1:39.177) | 17:29.641 (1:40.372) |
| 20:46.871 (1:35.934) | 22:25.575 (1:38.705) | 24:09.400 (1:43.826) |
| 27:29.651 (1:38.298) | 29:12.762 (1:43.111) | 30:56.595 (1:43.833) |
| 34:19.283 (1:43.203) | 36:01.879 (1:42.596) | 37:43.691 (1:41.813) |
| 41:00.480 (1:35.980) | | 39:24.501 (1:40.810) |
| 15 Johnson, Madisen | JR Fort Lewis | 42:48.27 |
| 1:33.642 (1:33.642) | 3:08.806 (1:35.164) | 4:44.499 (1:35.693) |
| 8:08.413 (1:42.537) | 9:50.522 (1:42.109) | 11:33.527 (1:43.006) |
| 14:58.971 (1:43.519) | 16:40.954 (1:41.983) | 18:24.875 (1:43.922) |
| 21:49.683 (1:42.183) | 23:34.458 (1:44.776) | 25:20.098 (1:45.640) |
| 28:51.181 (1:45.917) | 30:35.462 (1:44.282) | 32:20.043 (1:44.581) |
| 35:50.217 (1:47.014) | 37:36.059 (1:45.842) | 39:20.146 (1:44.087) |
| 42:48.265 (1:41.119) | | 41:07.147 (1:47.001) |
| -- Cornell, Caitlin | JR Msu Denver | DNF |
| 1:31.745 (1:31.745) | 3:07.222 (1:35.478) | 4:38.429 (1:31.207) |
| 7:36.918 (1:29.760) | 9:05.360 (1:28.442) | 10:35.487 (1:30.128) |
| 13:38.171 (1:31.407) | 15:10.351 (1:32.180) | 16:42.597 (1:32.246) |
| 19:47.878 (1:30.955) | 21:18.721 (1:30.844) | 22:51.973 (1:33.252) |
| | | 24:24.905 (1:32.932) |

Event 17 Women 3000 Meter Steeplechase

| | | | |
|-----------------------|---------------------|----------------------------|----------------------|
| ===== | | | |
| RMAC Meet: R 10:29.50 | 2013 | Alicia Nelson, Adams State | |
| NCAA Prov: P 11:01.26 | 2023 | | |
| Name | Year School | Finals | Points |
| ===== | | | |
| 1 Beasley, Allison | FR Western Colorado | 10:34.41P | 10 |
| 47.987 (47.987) | 2:09.201 (1:21.214) | 3:33.329 (1:24.128) | 4:58.944 (1:25.615) |
| 6:24.734 (1:25.791) | 7:49.519 (1:24.785) | 9:13.623 (1:24.105) | 10:34.409 (1:20.787) |
| 2 Raichart, Alex | SR Colo. Mines | 10:43.66P | 8 |
| 47.960 (47.960) | 2:09.383 (1:21.424) | 3:33.435 (1:24.053) | 4:59.035 (1:25.601) |
| 6:25.810 (1:26.775) | 7:54.485 (1:28.675) | 9:22.754 (1:28.270) | 10:43.659 (1:20.906) |
| 3 Stonebarger, Erin | SO Adams State | 10:45.59P | 6 |
| 47.463 (47.463) | 2:09.211 (1:21.749) | 3:33.292 (1:24.081) | 4:58.908 (1:25.617) |
| 6:26.235 (1:27.327) | 7:54.700 (1:28.465) | 9:22.435 (1:27.735) | 10:45.589 (1:23.155) |
| 4 Thomas, Margot | SO Csu-Pueblo | 10:59.84P | 5 |
| 48.290 (48.290) | 2:09.474 (1:21.185) | 3:33.611 (1:24.137) | 4:59.687 (1:26.076) |
| 6:26.522 (1:26.835) | 7:54.322 (1:27.800) | 9:26.681 (1:32.360) | 10:59.836 (1:33.155) |
| 5 Basart, Margaux | FR Colo. Mines | 11:01.93 | 4 |
| 48.530 (48.530) | 2:09.894 (1:21.364) | 3:33.959 (1:24.065) | 4:59.406 (1:25.448) |
| 6:27.662 (1:28.256) | 7:58.614 (1:30.953) | 9:32.836 (1:34.222) | 11:01.927 (1:29.092) |
| 6 Richtman, Rachel | JR Uc-Colo. Spgs. | 11:06.94 | 3 |
| 50.575 (50.575) | 2:20.275 (1:29.700) | 3:50.022 (1:29.748) | 5:19.103 (1:29.081) |
| 6:47.940 (1:28.838) | 8:17.759 (1:29.819) | 9:46.046 (1:28.288) | 11:06.937 (1:20.891) |

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Chadron State University

Chadron, Nebraska

Results

....Event 17 Women 3000 Meter Steeplechase

| | | | |
|---------------------|---------------------|----------------------|----------------------|
| 7 Wood, Haley | SO Western Colorado | 11:34.80 | 2 |
| 52.188 (52.188) | 2:21.359 (1:29.171) | 3:50.831 (1:29.472) | 5:21.783 (1:30.953) |
| 6:54.743 (1:32.961) | 8:29.559 (1:34.816) | 10:02.929 (1:33.370) | 11:34.798 (1:31.870) |
| 8 Moss, Brooke | FR Uc-Colo. Spgs. | 11:38.88 | 1 |
| 51.744 (51.744) | 2:22.769 (1:31.026) | 3:58.083 (1:35.314) | 5:33.121 (1:35.039) |
| 7:05.196 (1:32.076) | 8:39.538 (1:34.343) | 10:12.850 (1:33.312) | 11:38.873 (1:26.024) |
| 9 Wright, Carmella | SR Fort Lewis | 11:47.47 | |
| 47.736 (47.736) | 2:14.585 (1:26.850) | 3:46.617 (1:32.032) | 5:19.606 (1:32.989) |
| 6:54.181 (1:34.576) | 8:31.406 (1:37.225) | 10:09.589 (1:38.183) | 11:47.462 (1:37.873) |
| 10 Turpin, Katie | FR Black Hills St. | 11:51.32 | |
| 52.779 (52.779) | 2:26.196 (1:33.417) | 4:00.283 (1:34.088) | 5:38.786 (1:38.503) |
| 7:14.421 (1:35.636) | 8:48.246 (1:33.825) | 10:22.978 (1:34.732) | 11:51.317 (1:28.340) |
| 11 Almasri, Nadine | JR Uc-Colo. Spgs. | 11:51.46 | |
| 52.046 (52.046) | 2:23.559 (1:31.513) | 3:58.707 (1:35.148) | 5:33.447 (1:34.740) |
| 7:06.376 (1:32.930) | 8:43.074 (1:36.698) | 10:20.290 (1:37.217) | 11:51.456 (1:31.167) |
| 12 Burnside, Payton | SO Fort Lewis | 11:55.70 | |
| 51.095 (51.095) | 2:21.438 (1:30.343) | 3:51.641 (1:30.204) | 5:25.288 (1:33.647) |
| 7:02.365 (1:37.078) | 8:42.171 (1:39.806) | 10:21.874 (1:39.704) | 11:55.692 (1:33.818) |
| 13 Orstead, Audrey | SO Msu Denver | 11:57.50 | |
| 51.844 (51.844) | 2:22.240 (1:30.396) | 3:57.399 (1:35.159) | 5:33.930 (1:36.531) |
| 7:12.471 (1:38.542) | 8:50.932 (1:38.461) | 10:29.188 (1:38.257) | 11:57.495 (1:28.307) |
| 14 Corby, Cadence | FR Fort Lewis | 11:58.10 | |
| 53.142 (53.142) | 2:24.092 (1:30.950) | 3:59.170 (1:35.078) | 5:33.792 (1:34.623) |
| 7:06.951 (1:33.159) | 8:45.281 (1:38.331) | 10:23.980 (1:38.699) | 11:58.092 (1:34.112) |
| 15 Murphy, Taylor | SR Fort Lewis | 12:16.74 | |
| 50.517 (50.517) | 2:23.538 (1:33.022) | 3:59.784 (1:36.246) | 5:36.118 (1:36.335) |
| 7:13.009 (1:36.891) | 8:51.953 (1:38.945) | 10:36.599 (1:44.646) | 12:16.738 (1:40.139) |
| -- Rule, Lexi | FR Chadron State | DNF | |
| 50.635 (50.635) | 2:22.707 (1:32.072) | 4:00.572 (1:37.866) | 5:48.065 (1:47.494) |

Event 19 Women 100 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 2 Best Times

RMAC Meet: R 13.41 2012 Indira Spence, Adams State

NCAA Prov: P 14.24 2023

| Name | Year School | Prelims | Wind | H# |
|---------------------|---------------------|----------|------|----|
| Preliminaries | | | | |
| 1 Clarke, Patreece | FR NM Highlands | P 13.79Q | 0.1 | 3 |
| 2 Moreni, Missy | SO Uc-Colo. Spgs. | P 14.03Q | 1.3 | 1 |
| 3 Ries, Maya | SO Msu Denver | 14.47Q | 0.8 | 2 |
| 4 Griffith, Averie | JR Colorado Mesa | 14.67Q | 0.1 | 3 |
| 5 Brotherson, Katie | SR Westminster (Ut) | 15.02Q | 0.8 | 2 |
| 6 Remsberg, Maggie | JR Uc-Colo. Spgs. | 15.09Q | 1.3 | 1 |
| 7 Brockman, Jordan | SO Colorado Mesa | 14.87q | 0.1 | 3 |
| 8 Donohoe, Eireann | SO Western Colorado | 15.13q | 1.3 | 1 |
| 9 Novess, Faith | JR Uc-Colo. Spgs. | 15.15 | 0.8 | 2 |
| 10 Hawk, Skylar | FR Uc-Colo. Spgs. | 15.17 | 0.1 | 3 |
| 11 Portis, Kelia | SO Western Colorado | 15.29 | 0.8 | 2 |
| 12 Samuels, Sydney | SO Uc-Colo. Spgs. | 15.38 | 0.8 | 2 |
| 13 Rader, Danae | SO Chadron State | 15.61 | 0.1 | 3 |
| 14 Martinez, Leyah | FR Uc-Colo. Spgs. | 15.73 | 1.3 | 1 |
| 15 Tietjen, Kendall | FR Black Hills St. | 16.11 | 1.3 | 1 |
| 16 Tuti, Clara | SO Western Colorado | 16.39 | 0.1 | 3 |

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Chadron State University

Chadron, Nebraska

Results

....Event 19 Women 100 Meter Hurdles

| | | | | |
|-------------------|--------------------|-------|-----|---|
| 17 Curtis, Sophie | JR Black Hills St. | 16.43 | 0.8 | 2 |
| -- Jenrette, Mica | JR Colorado Mesa | DNS | 1.3 | 1 |

Event 19 Women 100 Meter Hurdles

=====
 RMAC Meet: R 13.41 2012 Indira Spence, Adams State
 NCAA Prov: P 14.24 2023

=====
 Name Year School Finals Wind Points
 =====

Finals

| | | | | |
|---------------------|---------------------|--------|------|----|
| 1 Clarke, Patreece | FR NM Highlands | 13.58P | -0.4 | 10 |
| 2 Moreni, Missy | SO Uc-Colo. Spgs. | 14.02P | -0.4 | 8 |
| 3 Ries, Maya | SO Msu Denver | 14.42 | -0.4 | 6 |
| 4 Griffith, Averie | JR Colorado Mesa | 14.83 | -0.4 | 5 |
| 5 Remsberg, Maggie | JR Uc-Colo. Spgs. | 14.84 | -0.4 | 4 |
| 6 Brockman, Jordan | SO Colorado Mesa | 14.87 | -0.4 | 3 |
| 7 Brotherson, Katie | SR Westminster (Ut) | 15.16 | -0.4 | 2 |
| 8 Donohoe, Eireann | SO Western Colorado | 18.29 | -0.4 | 1 |

Event 21 Women 400 Meter Hurdles

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====
 RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State
 NCAA Prov: P 1:02.33 2023

=====
 Name Year School Prelims H#
 =====

Preliminaries

| | | | |
|---------------------|---------------------|----------|---|
| 1 Firor, Kaiya | SO Western Colorado | 1:02.39Q | 1 |
| 2 Portis, Kelia | SO Western Colorado | 1:03.06Q | 2 |
| 3 Brotherson, Katie | SR Westminster (Ut) | 1:03.33Q | 2 |
| 4 Martinez, Leyah | FR Uc-Colo. Spgs. | 1:04.01Q | 1 |
| 5 Hawk, Skylar | FR Uc-Colo. Spgs. | 1:04.09Q | 2 |
| 6 Comer, Allison | SO Colo. Mines | 1:04.56Q | 1 |
| 7 Armijo, Beatrice | SR NM Highlands | 1:05.29q | 2 |
| 8 Griffith, Averie | JR Colorado Mesa | 1:05.72q | 1 |
| 9 Scully, Kamryn | JR S.D. Mines | 1:06.15 | 2 |
| 10 Williams, Lexie | SO Colorado Mesa | 1:06.51 | 1 |
| 11 Curtis, Sophie | JR Black Hills St. | 1:06.56 | 2 |
| 12 Rader, Danae | SO Chadron State | 1:07.60 | 1 |
| 13 Tietjen, Kendall | FR Black Hills St. | 1:07.69 | 2 |
| 14 Harris, Ella | FR Csu-Pueblo | 1:07.78 | 1 |
| 15 Mannes, Laine | FR S.D. Mines | 1:11.25 | 2 |
| 16 Tuti, Clara | SO Western Colorado | 1:14.27 | 1 |

Event 21 Women 400 Meter Hurdles

=====
 RMAC Meet: R 58.52 5/9/2017 Jessica Scherrer, Adams State
 NCAA Prov: P 1:02.33 2023

=====
 Name Year School Finals Points
 =====

Finals

| | | | |
|---------------------|---------------------|----------|----|
| 1 Firor, Kaiya | SO Western Colorado | 1:01.17P | 10 |
| 2 Portis, Kelia | SO Western Colorado | 1:01.72P | 8 |
| 3 Brotherson, Katie | SR Westminster (Ut) | 1:01.73P | 6 |

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Chadron State University

Chadron, Nebraska

Results

....Event 21 Women 400 Meter Hurdles

| | | | |
|--------------------|-------------------|---------|---|
| 4 Hawk, Skylar | FR Uc-Colo. Spgs. | 1:03.04 | 5 |
| 5 Comer, Allison | SO Colo. Mines | 1:03.37 | 4 |
| 6 Martinez, Leyah | FR Uc-Colo. Spgs. | 1:03.73 | 3 |
| 7 Armijo, Beatrice | SR NM Highlands | 1:03.80 | 2 |
| 8 Griffith, Averie | JR Colorado Mesa | 1:12.87 | 1 |

Event 23 Women 4x100 Meter Relay

RMAC Meet: R 44.84 5/9/2017 Adams State
 Wahl, Johnson, Watson, Scherrer

NCAA Prov: P 46.73 2023

| School | Finals | H# | Points |
|-------------------------------|--------------------------|----|------------------|
| 1 Uc-Colo. Spgs. 'A' | 46.16P | 2 | 10 |
| 1) Bloomquist, Audrey JR | 2) Moreni, Missy SO | | |
| 3) Bolton, Keyanda SO | 4) Farinas, Victoria SO | | |
| 2 Msu Denver 'A' | 47.00 | 2 | 8 |
| 1) Hummel, Claire SR | 2) Romero, Allyssa JR | | |
| 3) Hobson, Jessica FR | 4) Lattimore, Jaivion SR | | |
| 3 Western Colorado 'A' | 48.29 | 2 | 6 |
| 1) Portis, Kelia SO | 2) Firor, Kaiya SO | | |
| 3) Olson, Cora SR | 4) Dantzler, Myia SO | | |
| 4 Chadron State 'A' | 48.93 | 1 | 5 |
| 1) Groth, Caydince SO | 2) Collier, Carlie JR | | |
| 3) Rader, Danae SO | 4) Morgan, Shantae SO | | |
| 5 Black Hills St. 'A' | 49.41 | 2 | 4 |
| 1) Curtis, Sophie JR | 2) Tracy, Mikayla JR | | |
| 3) Tietjen, Kendall FR | 4) Fuller, Breanne SR | | |
| 6 Csu-Pueblo 'A' | 49.89 | 2 | 3 |
| 1) Case, Erin SR | 2) Miller, Ashley SR | | |
| 3) Dunich, Gabrielle FR | 4) Kimble, Skyler FR | | |
| 7 NM Highlands 'A' | 55.62 | 2 | 2 |
| 1) Harrison, Lucia JR | 2) Obioha, Chisom JR | | |
| 3) Berkowitz, Irma FR | 4) Armijo, Beatrice SR | | |
| -- S.D. Mines 'A' | DQ | 1 | Zone 3 Violation |
| 1) Mathieu, Katherine SR | 2) May, Melissa SO | | |
| 3) Mannes, Laine FR | 4) Hanson, Tatum FR | | |
| -- Colorado Mesa 'A' | DQ | 2 | Zone 3 Violation |
| 1) Horton, Gaby FR | 2) Arceneaux, Sierra SR | | |
| 3) Burnett-Perry, Serenity SO | 4) Arceneaux, Kierra SR | | |
| -- Colo. Mines 'A' | SCR | | |
| 1) Wright, Avery FR | 2) Wood, Lexye JR | | |
| 3) Nelson, Amena SR | 4) Walshaw, Sidney FR | | |

Event 25 Women 4x400 Meter Relay

RMAC Meet: R 3:46.15 5/1/2022 Colorado Mines
 R Higashi, G Galvin, A Nelson, A Wright

NCAA Prov: P 3:49.58 2023

| School | Finals | H# | Points |
|-----------------------|-----------------------|----|----------------|
| 1 Colo. Mines 'A' | 3:44.62R | 2 | 10 RMAC Record |
| 1) Nelson, Amena SR | 2) Galvin, Grace SO | | |
| 3) Duck, Mackenzie SR | 4) Wright, Aryelle JR | | |

2023 RMAC Outdoor Championships - 4/28/2023 to 4/30/2023

Chadron State University

Chadron, Nebraska

Results

....Event 25 Women 4x400 Meter Relay

| | | | | |
|---------------------------|-------------------------|----------|---|---|
| 2 NM Highlands 'A' | | 3:48.72P | 2 | 8 |
| 1) Rose, Nadine JR | 2) Donald, Cemore JR | | | |
| 3) Armijo, Beatrice SR | 4) Harrison, Lucia JR | | | |
| 3 Western Colorado 'A' | | 3:49.60 | 2 | 6 |
| 1) Firor, Kaiya SO | 2) Lapp, Kiarra FR | | | |
| 3) Portis, Kelia SO | 4) Harrison, Sakara SO | | | |
| 4 Westminster (Ut) 'A' | | 3:54.26 | 2 | 5 |
| 1) Johnson, Josii SR | 2) Worline, Emily SR | | | |
| 3) McAlindon, Courtney SR | 4) Brotherson, Katie SR | | | |
| 5 Uc-Colo. Spgs. 'A' | | 3:54.81 | 2 | 4 |
| 1) Bolton, Keyanda SO | 2) Hewitt, Michela JR | | | |
| 3) Lopez, Alyssa SO | 4) Davis, Amber SO | | | |
| 6 Csu-Pueblo 'A' | | 3:55.14 | 2 | 3 |
| 1) Braybrook, Helen SO | 2) Holland, Taylor SO | | | |
| 3) Herron, Jadyn FR | 4) Harris, Ella FR | | | |
| 7 Colorado Mesa 'A' | | 3:55.36 | 2 | 2 |
| 1) Horton, Gaby FR | 2) Arcand, Elaina FR | | | |
| 3) Williams, Lexie SO | 4) Dikken, Emma SO | | | |
| 8 Msu Denver 'A' | | 3:55.43 | 2 | 1 |
| 1) Romero, Allyssa JR | 2) Sowell, Naleia SO | | | |
| 3) Street, Audrynn SO | 4) Garand, Teagan SR | | | |
| 9 Chadron State 'A' | | 4:04.65 | 1 | |
| 1) Groth, Caydince SO | 2) Swinney, Kassyl FR | | | |
| 3) Wulff, Cassandra FR | 4) Collier, Carlie JR | | | |
| 10 S.D. Mines 'A' | | 4:11.74 | 1 | |
| 1) Mathieu, Katherine SR | 2) Scully, Kamryn JR | | | |
| 3) Mannes, Laine FR | 4) Saline, Abbie JR | | | |
| -- Black Hills St. 'A' | | DNF | 1 | |
| 1) Terry, Kaylee FR | 2) Curtis, Sophie JR | | | |
| 3) Tietjen, Kendall FR | 4) Knutson, Katie SO | | | |

Event 27 Women High Jump

| | | | | | |
|--------------------------|------------------------------|------------------|--------|---------|--------|
| ===== | | | | | |
| RMAC Meet: R 1.88m 2013 | Barbara Szabo, Western State | | | | |
| NCAA Prov: P 1.68m 2023 | | | | | |
| Name | Year | School | Finals | | Points |
| ===== | | | | | |
| 1 Coffey, Josie | SO | Colorado Mesa | 1.66m | 5-05.25 | 10 |
| 1.51 1.56 1.61 1.66 1.69 | | | | | |
| P O O XO XXX | | | | | |
| 2 Jones, Mikayla | SO | Csu-Pueblo | J1.66m | 5-05.25 | 8 |
| 1.51 1.56 1.61 1.66 1.69 | | | | | |
| P O O XXO XXX | | | | | |
| 3 Novess, Faith | JR | Uc-Colo. Spgs. | 1.61m | 5-03.25 | 5.50 |
| 1.51 1.56 1.61 1.66 | | | | | |
| O O O XXX | | | | | |
| 3 Bretz, Samantha | SO | Western Colorado | 1.61m | 5-03.25 | 5.50 |
| 1.51 1.56 1.61 1.66 | | | | | |
| P O O XXX | | | | | |
| 5 Brockman, Jordan | SO | Colorado Mesa | J1.61m | 5-03.25 | 4 |
| 1.51 1.56 1.61 1.66 1.69 | | | | | |
| XO XO O XXP X | | | | | |

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....Event 27 Women High Jump

| | | | | | |
|----|--------------------------|---------------------|--------|---------|------|
| 6 | Pelton, Destiny | JR Chadron State | 1.56m | 5-01.25 | 3 |
| | 1.51 1.56 1.61 | | | | |
| | O O XXX | | | | |
| 7 | Kintzley, Claire | SO Colo. Mines | J1.56m | 5-01.25 | 1.50 |
| | 1.51 1.56 1.61 | | | | |
| | O XO XXX | | | | |
| 7 | Donohoe, Eireann | SO Western Colorado | J1.56m | 5-01.25 | 1.50 |
| | 1.51 1.56 1.61 1.66 1.69 | | | | |
| | P XO XPP PPP XX | | | | |
| 9 | Matteson, Hope | SO Colorado Mesa | J1.56m | 5-01.25 | |
| | 1.51 1.56 1.61 | | | | |
| | O XXO XXX | | | | |
| 10 | Gibson, Kaelea | FR Colorado Mesa | J1.56m | 5-01.25 | |
| | 1.51 1.56 1.61 | | | | |
| | XO XXO XXX | | | | |
| 11 | King, Megan | SR Colorado Mesa | 1.51m | 4-11.50 | |
| | 1.51 1.56 | | | | |
| | O XXX | | | | |
| 12 | Remsberg, Maggie | JR Uc-Colo. Spgs. | J1.51m | 4-11.50 | |
| | 1.51 1.56 | | | | |
| | XO XXX | | | | |
| -- | Baloun, Megan | FR Chadron State | NH | | |
| | 1.51 | | | | |
| | XXX | | | | |
| -- | O'Brien, Rachel | JR Adams State | NH | | |
| | 1.51 1.56 | | | | |
| | P XXX | | | | |
| -- | Wall, Christianna | FR Black Hills St. | NH | | |
| | 1.51 | | | | |
| | XXX | | | | |
| -- | Klein, Kailey | FR Chadron State | NH | | |
| | 1.51 | | | | |
| | XXX | | | | |
| -- | Gillespie, Abigail | JR Colo. Mines | NH | | |
| | 1.51 | | | | |
| | XXX | | | | |
| -- | Brummell, Allison | FR Chadron State | NH | | |
| | 1.51 | | | | |
| | XXX | | | | |
| -- | Wood, Lexye | JR Colo. Mines | DNS | | |

Event 29 Women Pole Vault

RMAC Meet: R 4.05m 2011 Lauren Graham, UC-Colorado Springs

NCAA Prov: P 3.74m 2023

| Name | Year School | Finals | Points | |
|------------------|-------------------------------|-----------------|--------|-----------|
| 1 Herbold, Avery | JR Colo. Mines | 3.86mP 12-08.00 | 10 | JO 3.86 O |
| | 3.11 3.26 3.41 3.56 3.71 3.86 | | | |
| | P P P P O XXX | | | |
| 2 Miller, Hannah | SR Colo. Mines | 3.71m 12-02.00 | 7 | JO 3.86 X |
| | 3.11 3.26 3.41 3.56 3.71 3.86 | | | |
| | P P P O O XXX | | | |

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....Event 29 Women Pole Vault

| | | | | | | |
|----|-------------------------------|---------------------|--------|----------|---|-----------|
| 2 | Smith, Lauren | SO Western Colorado | 3.71m | 12-02.00 | 7 | JO 3.86 X |
| | 3.11 3.26 3.41 3.56 3.71 3.86 | | | | | |
| | P P P O O XXX | | | | | |
| 4 | Brignoli, Laura | SO Western Colorado | 3.56m | 11-08.00 | 5 | |
| | 3.11 3.26 3.41 3.56 3.71 | | | | | |
| | P XO O O XXX | | | | | |
| 5 | Kowalski, Ava | JR Colo. Mines | J3.56m | 11-08.00 | 4 | |
| | 3.11 3.26 3.41 3.56 3.71 | | | | | |
| | P P O XO XXX | | | | | |
| 6 | Scully, Kamryn | JR S.D. Mines | J3.56m | 11-08.00 | 3 | |
| | 3.11 3.26 3.41 3.56 3.71 | | | | | |
| | P P XO XXO XXX | | | | | |
| 7 | Kelly, Lauren | SR Colo. Mines | 3.41m | 11-02.25 | 2 | |
| | 3.11 3.26 3.41 3.56 | | | | | |
| | P O O XXX | | | | | |
| 8 | Rinehart, Daisy | SO Colorado Mesa | 3.26m | 10-08.25 | 1 | |
| | 3.11 3.26 3.41 | | | | | |
| | P O XXX | | | | | |
| 9 | Clause, Madison | FR Chadron State | J3.26m | 10-08.25 | | |
| | 3.11 3.26 3.41 | | | | | |
| | XO XO XXX | | | | | |
| 10 | Weibel, Erin | FR Black Hills St. | 3.11m | 10-02.50 | | |
| | 3.11 3.26 | | | | | |
| | O XXX | | | | | |
| -- | Varela, Gabbi | SR Colo. Mines | | NH | | |
| | 3.11 3.26 | | | | | |
| | P XXX | | | | | |
| -- | Thompson, Dale | SO Colo. Mines | | NH | | |
| | 3.11 3.26 3.41 | | | | | |
| | P P XXX | | | | | |
| -- | Van Dyke, Alison | SO Uc-Colo. Spgs. | | DNS | | |
| -- | Spencer, Brianna | FR Uc-Colo. Spgs. | | DNS | | |

Event 31 Women Long Jump

| ===== | | | | | | | | | |
|-------------------------|---|---------------------------------|--------|------|----------|----|--------|--|--|
| RMAC Meet: R 6.38m 2015 | | Shanice McPherson, NM Highlands | | | | | | | |
| NCAA Prov: P 5.83m 2023 | | | | | | | | | |
| Name | Year | School | Finals | Wind | | H# | Points | | |
| ===== | | | | | | | | | |
| 1 | Bloomquist, Audrey | JR Uc-Colo. Spgs. | 5.77m | 2.2 | 18-11.25 | 2 | 10 | | |
| | 5.72m(3.2) 5.64m(2.3) 5.51m(1.0) 5.51m(3.4) 5.77m(2.2) 5.63m(2.6) | | | | | | | | |
| 2 | Obioha, Chisom | JR NM Highlands | 5.64m | 1.8 | 18-06.00 | 2 | 8 | | |
| | 5.64m(1.8) FOUL(2.0) 5.44m(1.1) FOUL(3.4) 5.57m(1.3) FOUL(1.9) | | | | | | | | |
| 3 | Brockman, Jordan | SO Colorado Mesa | J5.64m | 1.2 | 18-06.00 | 2 | 6 | | |
| | 5.32m(1.3) 5.47m(3.1) FOUL(1.9) 5.22m(2.0) 5.40m(3.6) 5.64m(1.2) | | | | | | | | |
| 4 | Novess, Faith | JR Uc-Colo. Spgs. | 5.53m | 2.7 | 18-01.75 | 1 | 5 | | |
| | 5.20m(3.0) FOUL(5.5) 5.53m(2.7) FOUL(1.0) 5.04m(3.8) 5.45m(0.6) | | | | | | | | |
| 5 | Donohoe, Eireann | SO Western Colorado | 5.42m | 0.2 | 17-09.50 | 2 | 4 | | |
| | 3.71m(-1.9) FOUL(2.0) 5.22m(2.0) 5.35m(2.4) 5.42m(0.2) FOUL(2.3) | | | | | | | | |
| 6 | Olson, Cora | SR Western Colorado | 5.31m | 1.3 | 17-05.25 | 2 | 3 | | |
| | 5.22m(0.6) 5.08m(1.1) 5.22m(-0.9) 5.31m(1.3) FOUL(1.4) 5.03m(1.8) | | | | | | | | |
| 7 | Trumper, Taeryn | SO Colorado Mesa | J5.31m | 3.7 | 17-05.25 | 2 | 2 | | |
| | FOUL(2.1) FOUL(2.5) 5.31m(3.7) FOUL(1.6) FOUL(3.2) FOUL(0.4) | | | | | | | | |

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....Event 31 Women Long Jump

| | | | | | | | | |
|----|--------------------|-------------------|---|-----|----------|---|---|-------------|
| 8 | Bailey, Christine | JR Uc-Colo. Spgs. | 5.19m | 4.2 | 17-00.50 | 2 | 1 | |
| | | | 5.13m(3.0) 5.19m(4.2) 5.04m(1.5) 4.96m(2.9) FOUL(1.3) FOUL(2.1) | | | | | |
| 9 | Arceneaux, Kierra | SR Colorado Mesa | 5.15m | 2.7 | 16-10.75 | 2 | | |
| | | | 5.00m(2.1) 5.15m(2.7) 5.13m(1.8) FOUL(1.1) FOUL(1.5) FOUL(2.9) | | | | | |
| 10 | Remsberg, Maggie | JR Uc-Colo. Spgs. | 5.12m | 1.9 | 16-09.75 | 1 | | |
| | | | 5.00m(1.8) 4.93m(2.1) 5.12m(1.9) | | | | | |
| 11 | Jackson, Kiana | SR Colorado Mesa | 5.10m | 2.1 | 16-08.75 | 1 | | |
| | | | 5.10m(2.1) FOUL(0.6) 5.04m(2.0) | | | | | |
| 12 | Carroll, Kathryn | FR Uc-Colo. Spgs. | 5.07m | 4.6 | 16-07.75 | 1 | | |
| | | | 5.07m(4.6) 4.88m(2.1) 5.04m(3.4) | | | | | |
| 13 | Nieslanik, Lily | SO Colorado Mesa | 5.03m | 1.1 | 16-06.00 | 2 | | |
| | | | 4.55m(0.1) 5.03m(1.1) FOUL(1.2) | | | | | |
| 14 | Weber, Taylor | FR Msu Denver | 4.95m | 1.5 | 16-03.00 | 1 | | |
| | | | FOUL(2.4) 4.95m(1.5) FOUL(2.8) | | | | | |
| 15 | Baloun, Megan | FR Chadron State | 4.86m | 1.7 | 15-11.50 | 1 | | |
| | | | FOUL(2.0) 4.86m(1.7) 4.57m(2.3) | | | | | |
| 16 | Robinson, Tierney | JR S.D. Mines | 4.40m | 4.0 | 14-05.25 | 1 | | |
| | | | 4.30m(2.8) 4.40m(4.0) FOUL(2.0) | | | | | |
| 17 | Hanson, Tatum | FR S.D. Mines | 4.34m | 2.4 | 14-03.00 | 1 | | |
| | | | 4.28m(1.7) FOUL(2.2) 4.34m(2.4) | | | | | |
| -- | Mathieu, Katherine | SR S.D. Mines | FOUL | | | | 1 | |
| | | | FOUL(2.2) FOUL(2.1) FOUL(2.4) | | | | | |
| -- | Wood, Lexye | JR Colo. Mines | DQ | NWI | | | 2 | Rule 13-2.2 |
| -- | Walshaw, Sidney | FR Colo. Mines | DQ | NWI | | | 2 | Rule 13-2.2 |
| -- | Gomez, Caelyn | JR Adams State | DNS | NWI | | | 1 | |

Event 33 Women Triple Jump

RMAC Meet: R 13.16m 2012 Kearah Danville, NM Highlands

NCAA Prov: P 11.96m 2023

| Name | Year School | Finals | Wind | H# | Points |
|---|---------------------|---------|------|----------|--------|
| 1 Bloomquist, Audrey | JR Uc-Colo. Spgs. | 12.50mP | -2.0 | 41-00.25 | 2 10 |
| 11.95m(-0.3) 12.15m(-0.1) 12.23m(-2.4) 11.98m(+0.0) 12.50m(-2.0) 12.18m(-0.9) | | | | | |
| 2 Donohoe, Eireann | SO Western Colorado | 12.13mP | -0.5 | 39-09.75 | 2 8 |
| 11.86m(-1.1) 11.82m(-2.3) 11.76m(-1.3) FOUL(+0.0) 12.13m(-0.5) PASS | | | | | |
| 3 Jackson, Kiana | SR Colorado Mesa | 11.91m | -1.0 | 39-01.00 | 2 6 |
| 11.63m(-0.2) 11.43m(-2.1) FOUL(-0.3) FOUL(-1.9) 11.91m(-1.0) 11.54m(-2.4) | | | | | |
| 4 Vil, Ashley | SO Colo. Christian | 11.61m | -1.9 | 38-01.25 | 2 5 |
| FOUL(-1.4) FOUL(+0.0) 10.82m(-0.9) 11.16m(-0.2) 11.35m(-1.2) 11.61m(-1.9) | | | | | |
| 5 Jones, Mikayla | SO Csu-Pueblo | 11.51m | +0.0 | 37-09.25 | 2 4 |
| 11.00m(+0.0) 11.51m(+0.0) 11.43m(-0.3) 11.06m(-0.8) 11.29m(-1.9) 11.41m(-2.1) | | | | | |
| 6 Carroll, Kathryn | FR Uc-Colo. Spgs. | 11.25m | -0.1 | 36-11.00 | 2 3 |
| FOUL(-1.7) 10.82m(-1.8) 11.25m(-0.1) 10.84m(+0.0) 10.42m(-1.0) 10.91m(-1.5) | | | | | |
| 7 Kintzley, Claire | SO Colo. Mines | 11.05m | -0.2 | 36-03.00 | 2 2 |
| 11.05m(-0.2) FOUL(-1.7) 10.95m(-1.6) PASS PASS PASS | | | | | |
| 8 Baloun, Megan | FR Chadron State | 11.01m | -2.2 | 36-01.50 | 1 1 |
| FOUL(-1.8) FOUL(-2.3) 11.01m(-2.2) FOUL(1.4) FOUL(+0.0) 10.88m(-2.2) | | | | | |
| 9 Weber, Taylor | FR Msu Denver | 10.87m | +0.0 | 35-08.00 | 1 |
| FOUL(-0.4) 9.73m(-0.7) 10.87m(+0.0) 10.83m(-1.4) FOUL(-1.1) 10.56m(-2.1) | | | | | |
| 10 Bailey, Christine | JR Uc-Colo. Spgs. | 10.79m | -2.4 | 35-05.00 | 2 |
| 10.79m(-2.4) 10.59m(-1.3) 10.52m(-1.5) | | | | | |
| 11 Smythe, Natalie | FR Colorado Mesa | 10.78m | -0.9 | 35-04.50 | 2 |
| 10.34m(+0.0) 10.78m(-0.9) FOUL(-0.9) | | | | | |

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....Event 33 Women Triple Jump

| | | | | | | |
|----|-------------------|---------------------|--------------|--------------|--------------|---|
| 12 | Thomson, Katie | FR Colorado Mesa | 10.72m | -1.3 | 35-02.00 | 1 |
| | | | 10.66m(-2.0) | 10.38m(-0.4) | 10.72m(-1.3) | |
| 13 | King, Megan | SR Colorado Mesa | 10.64m | +0.0 | 34-11.00 | 1 |
| | | | FOUL(-2.0) | 10.64m(+0.0) | 10.48m(-1.7) | |
| 14 | Olson, Cora | SR Western Colorado | 10.54m | -0.8 | 34-07.00 | 1 |
| | | | 10.54m(-0.8) | FOUL(-0.3) | 10.21m(-2.7) | |
| -- | Brummell, Allison | FR Chadron State | FOUL | | | 1 |
| | | | FOUL(-0.3) | FOUL(-2.4) | FOUL(-0.1) | |
| -- | Mason, Emily | FR Chadron State | FOUL | | | 1 |
| | | | FOUL(-1.1) | FOUL(-1.8) | FOUL(-2.0) | |
| -- | Marshall, Nya | SO Msu Denver | FOUL | | | 1 |
| | | | FOUL(-1.3) | FOUL(-3.0) | FOUL(+0.0) | |
| -- | Nieslanik, Lily | SO Colorado Mesa | FOUL | | | 1 |
| | | | FOUL(-1.8) | FOUL(-1.3) | FOUL(-0.2) | |
| -- | Walshaw, Sidney | FR Colo. Mines | DNS | NWI | | 2 |

Event 35 Women Discus Throw

RMAC Meet: R 51.98m 5/9/2017 Mel Herl, Chadron State

NCAA Prov: P 45.70m 2023

| Name | Year School | Finals | H# | Points |
|------------------------|---------------------|----------------------|--------|----------------------|
| 1 Malouf, Emily | JR Westminster (Ut) | 48.57mP | 159-04 | 2 10 |
| | | 48.11m 47.58m 46.23m | | 41.39m 48.57m 44.77m |
| 2 Sawvell, Kyla | SR Chadron State | 44.22m | 145-01 | 2 8 |
| | | 40.13m FOUL 44.22m | | 41.56m 41.86m 40.72m |
| 3 Yackey, Heather | SO Colorado Mesa | 43.80m | 143-08 | 2 6 |
| | | FOUL 40.96m 42.61m | | FOUL 43.80m 35.98m |
| 4 Wessels, Febe | FR Csu-Pueblo | 42.70m | 140-01 | 2 5 |
| | | FOUL 42.70m 41.55m | | 41.08m FOUL 39.43m |
| 5 Sullivan, Hanah | FR Black Hills St. | 42.57m | 139-08 | 1 4 |
| | | 36.67m 39.07m FOUL | | 40.81m 42.57m 33.96m |
| 6 Rugar, Kitt | SO Colo. Mines | 42.22m | 138-06 | 2 3 |
| | | 36.36m 39.61m 42.22m | | 36.15m FOUL 40.03m |
| 7 Mikaelian, Olivia | SO Csu-Pueblo | 40.89m | 134-02 | 2 2 |
| | | 40.89m 36.25m 34.04m | | 32.06m 38.43m 38.17m |
| 8 Viger, Maddie | FR S.D. Mines | 39.30m | 128-11 | 1 1 |
| | | 36.86m 39.30m 35.77m | | 38.79m 37.59m FOUL |
| 9 Solarin, Grace | FR Msu Denver | J39.30m | 128-11 | 1 |
| | | 34.33m 37.84m 39.30m | | 37.13m 35.45m 35.25m |
| 10 Graves, Bailey | FR Csu-Pueblo | 38.58m | 126-07 | 1 |
| | | 36.99m 38.58m 36.65m | | |
| 11 Osterfelt, Lindsey | FR Western Colorado | 38.51m | 126-04 | 2 |
| | | FOUL 38.51m FOUL | | |
| 12 Jurrens, Olivia | SR S.D. Mines | 38.46m | 126-02 | 1 |
| | | 38.46m FOUL 36.82m | | |
| 13 Stubbs, Jaycie | JR S.D. Mines | 38.44m | 126-01 | 2 |
| | | FOUL 38.44m 37.96m | | |
| 14 Jorgens, Savannah | FR Uc-Colo. Spgs. | 37.72m | 123-09 | 1 |
| | | 37.72m 37.08m 31.05m | | |
| 15 Holland, Anna | JR Uc-Colo. Spgs. | 37.66m | 123-07 | 2 |
| | | 37.66m FOUL 36.03m | | |
| 16 Lynn Bonner, Cassie | JR Uc-Colo. Spgs. | 37.59m | 123-04 | 1 |
| | | 37.47m 36.30m 37.59m | | |

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....Event 35 Women Discus Throw

| | | | | | |
|----|----------------------|-------------------|--------|--------|---|
| 17 | Walters, Caroline | SO Uc-Colo. Spgs. | 37.08m | 121-08 | 2 |
| | 35.52m 37.08m 33.21m | | | | |
| 18 | Hancock, Augustine | FR Colorado Mesa | 36.72m | 120-06 | 2 |
| | FOUL 36.72m 35.91m | | | | |
| 19 | Scott, Kaitlyn | JR NM Highlands | 34.08m | 111-10 | 1 |
| | FOUL 34.08m FOUL | | | | |
| 20 | Tomon, Virginia | SO Colorado Mesa | 33.55m | 110-01 | 1 |
| | 33.55m FOUL FOUL | | | | |
| 21 | Schenck, Adisyn | FR S.D. Mines | 32.04m | 105-01 | 1 |
| | FOUL 32.04m FOUL | | | | |
| 22 | Van Ruler, Abbie | SO S.D. Mines | 30.44m | 99-10 | 1 |
| | 30.44m FOUL 27.35m | | | | |
| -- | Higgins, Katherine | SO Csu-Pueblo | FOUL | | 2 |
| | FOUL FOUL FOUL | | | | |
| -- | Arias, Alicia | SR NM Highlands | DNS | | 1 |

Event 37 Women Hammer Throw

RMAC Meet: R 63.62m 5/7/2017 Mel Herl, Chadron State

NCAA Prov: P 52.34m 2023

| Name | Year School | Finals | H# | Points |
|-----------------------|---|---------|--------|--------|
| 1 Sawvell, Kyla | SR Chadron State | 57.28mP | 187-11 | 2 10 |
| | 53.79m 53.65m 53.54m 57.28m 56.53m 53.12m | | | |
| 2 Aldrich, Ali | JR Western Colorado | 52.22m | 171-04 | 2 8 |
| | FOUL 50.05m 50.19m FOUL 52.22m 51.58m | | | |
| 3 Scott, Kaitlyn | JR NM Highlands | 50.39m | 165-04 | 2 6 |
| | 50.39m 48.02m FOUL 49.92m FOUL 48.80m | | | |
| 4 Holland, Anna | JR Uc-Colo. Spgs. | 50.37m | 165-03 | 2 5 |
| | 44.45m FOUL FOUL 49.96m 49.35m 50.37m | | | |
| 5 Mikaelian, Olivia | SO Csu-Pueblo | 49.72m | 163-01 | 2 4 |
| | 45.43m 41.54m 44.89m 46.97m 47.15m 49.72m | | | |
| 6 Saylor, Jenna | JR S.D. Mines | 48.43m | 158-11 | 2 3 |
| | 44.68m 46.52m 48.43m FOUL FOUL 46.06m | | | |
| 7 Lynn Bonner, Cassie | JR Uc-Colo. Spgs. | 48.00m | 157-06 | 2 2 |
| | 44.83m 48.00m 46.29m 44.25m 44.20m 43.10m | | | |
| 8 Smith, Courtney | JR Chadron State | 47.03m | 154-03 | 2 1 |
| | FOUL 44.84m 47.03m FOUL 44.82m 46.73m | | | |
| 9 Wortham, Krystal | SO Western Colorado | 45.68m | 149-10 | 2 |
| | FOUL 44.49m FOUL 45.68m FOUL FOUL | | | |
| 10 Schliep, Madyson | JR Chadron State | 44.15m | 144-10 | 1 |
| | 44.15m 42.56m FOUL | | | |
| 11 Brackenbury, Chloe | FR Western Colorado | 42.54m | 139-07 | 2 |
| | 42.54m FOUL FOUL | | | |
| 12 Higgins, Katherine | SO Csu-Pueblo | 42.47m | 139-04 | 1 |
| | 42.47m FOUL 41.94m | | | |
| 13 Hancock, Augustine | FR Colorado Mesa | 42.46m | 139-04 | 1 |
| | 41.43m 42.46m FOUL | | | |
| 14 Sullivan, Hanah | FR Black Hills St. | 41.75m | 137-00 | 1 |
| | FOUL FOUL 41.75m | | | |
| 15 Jurrens, Olivia | SR S.D. Mines | 41.41m | 135-10 | 1 |
| | FOUL 39.43m 41.41m | | | |
| 16 Solarin, Grace | FR Msu Denver | 41.31m | 135-06 | 1 |
| | 41.29m FOUL 41.31m | | | |

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Results

....Event 37 Women Hammer Throw

| | | | | | |
|----|----------------------|---------------------|--------|--------|---|
| 17 | Robinson, Tierney | JR S.D. Mines | 41.25m | 135-04 | 1 |
| | 38.77m 39.34m 41.25m | | | | |
| 18 | Chrisawn, Trinity | JR Chadron State | 41.22m | 135-03 | 1 |
| | 41.22m 40.90m 40.87m | | | | |
| 19 | Van Ruler, Abbie | SO S.D. Mines | 40.74m | 133-08 | 1 |
| | 40.74m FOUL 40.68m | | | | |
| 20 | Osterfelt, Lindsey | FR Western Colorado | 37.12m | 121-09 | 1 |
| | FOUL 35.22m 37.12m | | | | |
| 21 | Frank, Kitrie | SO Black Hills St. | 35.88m | 117-08 | 1 |
| | 35.88m 35.72m FOUL | | | | |
| 22 | Jorgens, Savannah | FR Uc-Colo. Spgs. | 32.25m | 105-10 | 1 |
| | 32.25m FOUL FOUL | | | | |
| -- | Jarnagin, Jennifer | SO Colo. Mines | FOUL | | 2 |
| | FOUL FOUL FOUL | | | | |
| -- | Rupar, Kitt | SO Colo. Mines | FOUL | | 2 |
| | FOUL FOUL FOUL | | | | |

Event 39 Women Javelin Throw

RMAC Meet: R 48.36m 4/29/2018 Sharon Toako, NM Highlands

NCAA Prov: P 42.03m 2023

| Name | Year School | Finals | H# | Points |
|----------------------|---|--------|--------|--------|
| 1 Stubbs, Jaycie | JR S.D. Mines | 40.92m | 134-03 | 2 10 |
| | 39.01m 40.92m 38.88m | | | |
| 2 Wessels, Febe | FR Csu-Pueblo | 40.88m | 134-01 | 2 8 |
| | 38.85m 36.56m 40.88m 39.51m FOUL FOUL | | | |
| 3 Graves, Bailey | FR Csu-Pueblo | 40.29m | 132-02 | 2 6 |
| | 28.72m 32.76m 37.53m 37.64m 40.29m 39.61m | | | |
| 4 Clarke, Patreece | FR NM Highlands | 38.90m | 127-07 | 2 5 |
| | 30.74m 33.41m 35.90m 31.75m 38.29m 38.90m | | | |
| 5 Frank, Kitrie | SO Black Hills St. | 38.33m | 125-09 | 2 4 |
| | 34.14m 38.33m 32.76m 37.35m 36.03m FOUL | | | |
| 6 Jones, Brooklynn | FR Msu Denver | 38.03m | 124-09 | 2 3 |
| | 36.55m 37.73m 36.55m 35.09m 34.29m 38.03m | | | |
| 7 Bohlken, Kamryn | JR Uc-Colo. Spgs. | 36.40m | 119-05 | 2 2 |
| | 35.24m 33.89m 36.40m 31.83m 35.22m 34.77m | | | |
| 8 Walters, Caroline | SO Uc-Colo. Spgs. | 36.39m | 119-05 | 2 1 |
| | 36.39m 32.34m 35.96m 33.99m 33.25m 32.68m | | | |
| 9 Remsberg, Maggie | JR Uc-Colo. Spgs. | 35.10m | 115-02 | 1 |
| | 33.36m 30.58m 35.10m PASS PASS PASS | | | |
| 10 Baldner, Linnea | FR Western Colorado | 34.30m | 112-06 | 2 |
| | 34.30m 33.48m 29.93m | | | |
| 11 Thornton, Devyn | FR Chadron State | 33.26m | 109-01 | 1 |
| | 33.26m 30.07m FOUL | | | |
| 12 Castillio, Nicole | FR Uc-Colo. Spgs. | 32.54m | 106-09 | 1 |
| | 32.54m 31.93m 32.01m | | | |
| 13 Schenck, Adisyn | FR S.D. Mines | 31.53m | 103-05 | 2 |
| | 31.53m 30.55m FOUL | | | |
| 14 Castaneda, Lamara | FR Chadron State | 31.35m | 102-10 | 1 |
| | 29.00m 29.20m 31.35m | | | |
| 15 Harrison, Lucia | JR NM Highlands | 31.14m | 102-02 | 1 |
| | 28.37m 31.14m 30.45m | | | |

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....Event 39 Women Javelin Throw

| | | | | | |
|----|----------------------|---------------------|--------|--------|---|
| 16 | Korbe, Jocelyn | JR Msu Denver | 31.03m | 101-10 | 1 |
| | 30.09m 31.03m 27.27m | | | | |
| 17 | Sawvell, Kyla | SR Chadron State | 30.33m | 99-06 | 1 |
| | 27.81m 27.22m 30.33m | | | | |
| 18 | Sims, Sydney | FR Westminster (Ut) | 30.19m | 99-00 | 1 |
| | 28.81m 30.19m 28.72m | | | | |
| 19 | Jarnagin, Jennifer | SO Colo. Mines | 29.94m | 98-03 | 1 |
| | 27.21m 28.15m 29.94m | | | | |
| 20 | Garand, Teagan | SR Msu Denver | 29.61m | 97-02 | 1 |
| | 27.61m 28.06m 29.61m | | | | |
| 21 | Dickinson, Megan | SO Csu-Pueblo | 29.46m | 96-08 | 2 |
| | 29.00m 26.22m 29.46m | | | | |
| 22 | Osterfelt, Lindsey | FR Western Colorado | 29.22m | 95-10 | 2 |
| | 29.22m FOUL 25.88m | | | | |
| 23 | Marvel, Jade | FR Msu Denver | 25.55m | 83-10 | 1 |
| | 24.55m 24.73m 25.55m | | | | |
| -- | Hilbert, Myles | SR Western Colorado | DNS | | 1 |

Event 41 Women Shot Put

RMAC Meet: R 16.33m 5/9/2017 Mel Herl, Chadron State

NCAA Prov: P 13.95m 2023

| Name | Year School | Finals | H# | Points |
|------------------------|---|------------------|----|--------|
| 1 Aldrich, Ali | JR Western Colorado | 14.84mP 48-08.25 | 2 | 10 |
| | 13.86m 14.04m 14.31m 14.27m 13.81m 14.84m | | | |
| 2 Higgins, Katherine | SO Csu-Pueblo | 14.75mP 48-04.75 | 2 | 8 |
| | 14.73m FOUL 14.66m 14.55m FOUL 14.75m | | | |
| 3 Sawvell, Kyla | SR Chadron State | 14.58mP 47-10.00 | 2 | 6 |
| | 13.94m 13.49m 14.01m 13.81m 13.91m 14.58m | | | |
| 4 Wessels, Febe | FR Csu-Pueblo | 14.31mP 46-11.50 | 2 | 5 |
| | 13.80m FOUL 14.31m FOUL 13.78m 14.15m | | | |
| 5 Stubbs, Jaycie | JR S.D. Mines | 13.07m 42-10.75 | 2 | 4 |
| | 12.83m 13.07m FOUL 12.47m FOUL FOUL | | | |
| 6 Sullivan, Hanah | FR Black Hills St. | 12.98m 42-07.00 | 2 | 3 |
| | 11.73m 12.98m FOUL FOUL 11.84m 12.41m | | | |
| 7 Tomon, Virginia | SO Colorado Mesa | 12.97m 42-06.75 | 2 | 2 |
| | 12.97m FOUL 12.03m FOUL FOUL 12.50m | | | |
| 8 Malouf, Emily | JR Westminster (Ut) | 12.95m 42-06.00 | 1 | 1 |
| | 11.75m 11.67m 12.95m FOUL FOUL FOUL | | | |
| 9 Sayler, Jenna | JR S.D. Mines | 12.61m 41-04.50 | 2 | |
| | 12.31m FOUL 12.61m FOUL FOUL 11.65m | | | |
| 10 Friederich, Makayla | SO Black Hills St. | 12.21m 40-00.75 | 2 | |
| | 12.04m FOUL 12.21m | | | |
| 11 Solarin, Grace | FR Msu Denver | 11.82m 38-09.50 | 1 | |
| | 11.44m 11.31m 11.82m | | | |
| 12 Jorgens, Savannah | FR Uc-Colo. Spgs. | 11.70m 38-04.75 | 2 | |
| | 11.18m 11.70m 10.99m | | | |
| 13 Hancock, Augustine | FR Colorado Mesa | 11.60m 38-00.75 | 1 | |
| | 10.84m 10.81m 11.60m | | | |
| 14 Mikaelian, Olivia | SO Csu-Pueblo | 11.51m 37-09.25 | 1 | |
| | 11.26m 11.51m 11.02m | | | |
| 15 Holland, Anna | JR Uc-Colo. Spgs. | 11.49m 37-08.50 | 1 | |
| | 10.94m 11.49m 10.50m | | | |

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....Event 41 Women Shot Put

| | | | | | |
|----|----------------------|-------------------|---------|----------|---|
| 16 | Rupar, Kitt | SO Colo. Mines | 11.44m | 37-06.50 | 2 |
| | 11.44m FOUL FOUL | | | | |
| 17 | Schliep, Madyson | JR Chadron State | 11.39m | 37-04.50 | 1 |
| | 10.36m 10.53m 11.39m | | | | |
| 18 | Jurrens, Olivia | SR S.D. Mines | 11.13m | 36-06.25 | 1 |
| | 10.24m 10.94m 11.13m | | | | |
| 19 | Chrisawn, Trinity | JR Chadron State | 11.06m | 36-03.50 | 1 |
| | 10.79m 11.06m FOUL | | | | |
| 20 | Ekwall, Morgan | JR Chadron State | 11.01m | 36-01.50 | 1 |
| | 11.01m 10.86m 10.61m | | | | |
| 21 | Yackey, Heather | SO Colorado Mesa | 10.99m | 36-00.75 | 1 |
| | 10.54m 10.99m FOUL | | | | |
| 22 | Schenck, Adisyn | FR S.D. Mines | J10.99m | 36-00.75 | 1 |
| | 9.87m FOUL 10.99m | | | | |
| -- | Turpin, Toryn | FR Uc-Colo. Spgs. | FOUL | | 2 |
| | FOUL FOUL FOUL | | | | |
| -- | Smith, Courtney | JR Chadron State | DNS | | 1 |

Event 43 Women Heptathlon

RMAC Meet: R 5833 2014 Salcia Slack, NM Highlands

NCAA Prov: P 4510 2023

| Name | Year | School | Finals | H# | Points |
|--------------------|------|----------------|--------|----|--------|
| 1 Jenrette, Mica | JR | Colorado Mesa | 4884P | 10 | |
| 2 Wright, Avery | FR | Colo. Mines | 4824P | 8 | |
| 3 Novess, Faith | JR | Uc-Colo. Spgs. | 4730P | 6 | |
| 4 Remsberg, Maggie | JR | Uc-Colo. Spgs. | 4571P | 5 | |
| 5 Brockman, Jordan | SO | Colorado Mesa | 4503 | 4 | |
| 6 Thomson, Katie | FR | Colorado Mesa | 4264 | 3 | |
| 7 Marvel, Jade | FR | Msu Denver | 4169 | 2 | |
| 8 Korbe, Jocelyn | JR | Msu Denver | 3929 | 1 | |
| 9 Scoggins, Mary | FR | Csu-Pueblo | 3819 | | |
| 10 Krumpus, Abby | SO | S.D. Mines | 2865 | | |

Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

| Name | Year | School | Finals | Wind | H# | Points |
|--------------------|------|----------------|--------|------|----|--------|
| 1 Brockman, Jordan | SO | Colorado Mesa | 14.71 | 1.9 | 3 | 880 |
| 2 Remsberg, Maggie | JR | Uc-Colo. Spgs. | 14.75 | 1.9 | 3 | 875 |
| 3 Novess, Faith | JR | Uc-Colo. Spgs. | 14.81 | 1.9 | 3 | 867 |
| 4 Jenrette, Mica | JR | Colorado Mesa | 14.81 | 1.9 | 3 | 867 |
| 5 Wright, Avery | FR | Colo. Mines | 15.41 | 0.9 | 2 | 788 |
| 6 Thomson, Katie | FR | Colorado Mesa | 15.83 | 0.9 | 2 | 735 |
| 7 Korbe, Jocelyn | JR | Msu Denver | 16.41 | 1.4 | 1 | 665 |
| 8 Marvel, Jade | FR | Msu Denver | 16.46 | 0.9 | 2 | 659 |
| 9 Scoggins, Mary | FR | Csu-Pueblo | 17.06 | 1.4 | 1 | 590 |
| 10 Krumpus, Abby | SO | S.D. Mines | 18.41 | 1.4 | 1 | 447 |

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Event 43 Heptathlon: #2 Women High Jump Heptathlon

| Name | Year | School | Finals | Points |
|---|------|----------------|---------------|---------|
| 1 Wright, Avery | FR | Colo. Mines | 1.61m 5-03.25 | 747 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 | | | | |
| P P P P P P P P O P O O O O O | | | | XXO XXX |
| 2 Remsberg, Maggie | JR | Uc-Colo. Spgs. | 1.55m 5-01.00 | 678 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 | | | | |
| P P P P P P P P P P P P XXO XXO XXX | | | | |
| 2 Novess, Faith | JR | Uc-Colo. Spgs. | 1.55m 5-01.00 | 678 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 | | | | |
| P P P P P P P P P P P P PXO O XXX | | | | |
| 2 Jenrette, Mica | JR | Colorado Mesa | 1.55m 5-01.00 | 678 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 | | | | |
| P P P P P P P P P P XO XO XXO XO XXX | | | | |
| 5 Brockman, Jordan | SO | Colorado Mesa | 1.52m 4-11.75 | 644 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 | | | | |
| P P P P P P P P P P XO XO XO XXX | | | | |
| 6 Thomson, Katie | FR | Colorado Mesa | 1.49m 4-10.50 | 610 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 | | | | |
| P P P P P P P P XXO XO O XO XXX | | | | |
| 7 Scoggins, Mary | FR | Csu-Pueblo | 1.43m 4-08.25 | 544 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 | | | | |
| P P P P P P P O O XO XXX | | | | |
| 7 Korbe, Jocelyn | JR | Msu Denver | 1.43m 4-08.25 | 544 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 | | | | |
| P P P P P P O O O XO XXX | | | | |
| 9 Marvel, Jade | FR | Msu Denver | 1.40m 4-07.00 | 512 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 | | | | |
| P P P P P O XXO O XXX | | | | |
| 10 Krumpus, Abby | SO | S.D. Mines | 1.34m 4-04.75 | 449 |
| 1.19 1.22 1.25 1.28 1.31 1.34 1.37 | | | | |
| O O XO XO O XO XXX | | | | |

Event 43 Heptathlon: #3 Women Shot Put Heptathlon

| Name | Year | School | Finals | Points |
|----------------------|------|----------------|-----------------|--------|
| 1 Wright, Avery | FR | Colo. Mines | 10.69m 35-01.00 | 575 |
| 10.26m 10.35m 10.69m | | | | |
| 2 Jenrette, Mica | JR | Colorado Mesa | 10.62m 34-10.25 | 570 |
| 9.41m 10.32m 10.62m | | | | |
| 3 Novess, Faith | JR | Uc-Colo. Spgs. | 10.56m 34-07.75 | 566 |
| 9.88m 9.94m 10.56m | | | | |
| 4 Korbe, Jocelyn | JR | Msu Denver | 10.38m 34-00.75 | 554 |
| 9.39m 10.25m 10.38m | | | | |
| 5 Marvel, Jade | FR | Msu Denver | 10.28m 33-08.75 | 548 |
| 9.99m 10.28m 9.62m | | | | |
| 6 Remsberg, Maggie | JR | Uc-Colo. Spgs. | 9.54m 31-03.75 | 499 |
| 9.46m 9.54m 9.46m | | | | |
| 7 Thomson, Katie | FR | Colorado Mesa | 9.44m 30-11.75 | 493 |
| 8.99m 9.10m 9.44m | | | | |
| 8 Brockman, Jordan | SO | Colorado Mesa | 8.90m 29-02.50 | 458 |
| 8.90m 8.37m 8.31m | | | | |

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| | | | | | | |
|----|-------------------|----|------------|-------|----------|-----|
| 9 | Scoggins, Mary | FR | Csu-Pueblo | 8.88m | 29-01.75 | 456 |
| | 8.88m 8.71m 8.55m | | | | | |
| 10 | Krumpus, Abby | SO | S.D. Mines | 8.13m | 26-08.25 | 408 |
| | 6.43m FOUL 8.13m | | | | | |

Event 43 Heptathlon: #4 Women 200 Meter Dash Heptathlon

| Name | Year | School | Finals | Wind | H# | Points | |
|------|------------------|--------|----------------|-------|------|--------|-----|
| 1 | Wright, Avery | FR | Colo. Mines | 25.28 | 0.9 | 2 | 861 |
| 2 | Jenrette, Mica | JR | Colorado Mesa | 25.35 | 0.9 | 2 | 855 |
| 3 | Brockman, Jordan | SO | Colorado Mesa | 25.85 | 0.9 | 2 | 810 |
| 4 | Remsberg, Maggie | JR | Uc-Colo. Spgs. | 26.49 | 0.9 | 2 | 755 |
| 5 | Novess, Faith | JR | Uc-Colo. Spgs. | 26.60 | 0.9 | 2 | 745 |
| 6 | Thomson, Katie | FR | Colorado Mesa | 26.80 | 0.9 | 2 | 729 |
| 7 | Marvel, Jade | FR | Msu Denver | 26.85 | +0.0 | 1 | 724 |
| 8 | Scoggins, Mary | FR | Csu-Pueblo | 27.27 | +0.0 | 1 | 690 |
| 9 | Korbe, Jocelyn | JR | Msu Denver | 27.55 | 0.9 | 2 | 667 |
| 10 | Krumpus, Abby | SO | S.D. Mines | 30.12 | +0.0 | 1 | 474 |

Event 43 Heptathlon: #5 Women Long Jump Heptathlon

| Name | Year | School | Finals | Wind | Points | | |
|------|----------------------------------|--------|----------------|-------|--------|----------|-----|
| 1 | Novess, Faith | JR | Uc-Colo. Spgs. | 5.67m | 3.2 | 18-07.25 | 750 |
| | FOUL(2.9) 5.67m(3.2) 5.38m(1.8) | | | | | | |
| 2 | Brockman, Jordan | SO | Colorado Mesa | 5.62m | 2.4 | 18-05.25 | 735 |
| | 4.96m(2.6) FOUL(3.2) 5.62m(2.4) | | | | | | |
| 3 | Wright, Avery | FR | Colo. Mines | 5.29m | 3.4 | 17-04.25 | 640 |
| | 5.29m(3.4) 5.14m(3.0) 5.23m(1.7) | | | | | | |
| 4 | Thomson, Katie | FR | Colorado Mesa | 5.25m | 5.2 | 17-02.75 | 628 |
| | 5.07m(2.6) 5.25m(5.2) 5.03m(1.6) | | | | | | |
| 5 | Jenrette, Mica | JR | Colorado Mesa | 5.24m | 4.9 | 17-02.25 | 626 |
| | FOUL(2.2) 5.12m(3.3) 5.24m(4.9) | | | | | | |
| 6 | Remsberg, Maggie | JR | Uc-Colo. Spgs. | 5.15m | 3.9 | 16-10.75 | 601 |
| | 4.13m(1.1) 5.15m(3.9) FOUL(1.6) | | | | | | |
| 7 | Marvel, Jade | FR | Msu Denver | 5.06m | 3.4 | 16-07.25 | 576 |
| | 4.99m(4.1) 4.77m(4.3) 5.06m(3.4) | | | | | | |
| 8 | Korbe, Jocelyn | JR | Msu Denver | 5.00m | 4.5 | 16-05.00 | 559 |
| | 4.84m(1.2) 4.92m(5.2) 5.00m(4.5) | | | | | | |
| 9 | Scoggins, Mary | FR | Csu-Pueblo | 4.65m | 2.7 | 15-03.25 | 466 |
| | 4.09m(4.8) 4.65m(2.7) 4.62m(3.8) | | | | | | |
| 10 | Krumpus, Abby | SO | S.D. Mines | 3.40m | 4.3 | 11-02.00 | 180 |
| | FOUL(3.2) FOUL(2.3) 3.40m(4.3) | | | | | | |

Event 43 Heptathlon: #6 Women Javelin Throw Heptathlon

| Name | Year | School | Finals | Points | | |
|------|----------------------|--------|----------------|--------|--------|-----|
| 1 | Remsberg, Maggie | JR | Uc-Colo. Spgs. | 33.66m | 110-05 | 546 |
| | 31.79m 33.66m 28.46m | | | | | |
| 2 | Jenrette, Mica | JR | Colorado Mesa | 32.53m | 106-09 | 525 |
| | 31.55m 32.53m 25.76m | | | | | |

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....Event 43 Heptathlon: #6 Women Javelin Throw Heptathlon

| | | | | | |
|----|----------------------|-------------------|--------|--------|-----|
| 3 | Wright, Avery | FR Colo. Mines | 30.83m | 101-02 | 492 |
| | 30.81m 26.49m 30.83m | | | | |
| 4 | Korbe, Jocelyn | JR Msu Denver | 30.60m | 100-05 | 488 |
| | 30.11m 30.60m 29.30m | | | | |
| 5 | Marvel, Jade | FR Msu Denver | 28.66m | 94-00 | 451 |
| | 28.66m 27.94m 27.23m | | | | |
| 6 | Novess, Faith | JR Uc-Colo. Spgs. | 27.87m | 91-05 | 436 |
| | 26.77m 27.87m 27.55m | | | | |
| 7 | Krumpus, Abby | SO S.D. Mines | 25.77m | 84-06 | 397 |
| | FOUL FOUL 25.77m | | | | |
| 8 | Scoggins, Mary | FR Csu-Pueblo | 24.06m | 78-11 | 365 |
| | 24.06m 24.02m FOUL | | | | |
| 9 | Brockman, Jordan | SO Colorado Mesa | 21.95m | 72-00 | 325 |
| | 21.18m FOUL 21.95m | | | | |
| 10 | Thomson, Katie | FR Colorado Mesa | 20.95m | 68-09 | 307 |
| | 20.25m 20.95m FOUL | | | | |

Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

| Name | Year School | Finals | Points |
|--------------------|---|---------|--------|
| 1 Jenrette, Mica | JR Colorado Mesa | 2:24.55 | 763 |
| | 1:14.657 (1:14.657) 2:24.542 (1:09.886) | | |
| 2 Thomson, Katie | FR Colorado Mesa | 2:24.62 | 762 |
| | 1:14.890 (1:14.890) 2:24.614 (1:09.725) | | |
| 3 Wright, Avery | FR Colo. Mines | 2:27.80 | 721 |
| | 1:14.094 (1:14.094) 2:27.793 (1:13.700) | | |
| 4 Scoggins, Mary | FR Csu-Pueblo | 2:28.77 | 708 |
| | 1:14.942 (1:14.942) 2:28.766 (1:13.824) | | |
| 5 Marvel, Jade | FR Msu Denver | 2:29.53 | 699 |
| | 1:15.224 (1:15.224) 2:29.522 (1:14.299) | | |
| 6 Novess, Faith | JR Uc-Colo. Spgs. | 2:30.37 | 688 |
| | 1:14.368 (1:14.368) 2:30.364 (1:15.997) | | |
| 7 Brockman, Jordan | SO Colorado Mesa | 2:33.37 | 651 |
| | 1:14.294 (1:14.294) 2:33.369 (1:19.076) | | |
| 8 Remsberg, Maggie | JR Uc-Colo. Spgs. | 2:36.21 | 617 |
| | 1:15.635 (1:15.635) 2:36.208 (1:20.573) | | |
| 9 Krumpus, Abby | SO S.D. Mines | 2:45.61 | 510 |
| | 1:22.825 (1:22.825) 2:45.601 (1:22.777) | | |
| 10 Korbe, Jocelyn | JR Msu Denver | 2:51.11 | 452 |
| | 1:19.495 (1:19.495) 2:51.108 (1:31.613) | | |

Women - Team Rankings - 21 Events Scored

| | | | |
|---------------------|--------|---------------------|-----|
| 1) UC-Colo. Spgs. | 130.50 | 2) Western Colorado | 123 |
| 3) Colo. Mines | 109.50 | 4) Colorado Mesa | 102 |
| 5) CSU-Pueblo | 74 | 6) Westminster (UT) | 51 |
| 7) NM Highlands | 49 | 8) MSU Denver | 40 |
| 9) Chadron State | 37 | 10) Adams State | 28 |
| 11) Black Hills St. | 27 | 12) S.D. Mines | 21 |
| 13) Fort Lewis | 15 | 14) Colo. Christian | 10 |