

JV Championships – April 26th, 2023
Schedule of Events

This is only an estimate. We will run ahead if possible.

Field Events – First round 2:15 pm to 4:45 pm then switch from 5:00 pm to 7:30 pm
Open pits for LJ, TJ, SP and Discus – 4 attempts, no finals

Boys Discus Followed by Girls
Boys Long Jump followed by Girls
High Jump 3'10", increasing by 2". Boys and Girls Jump together
Pole Vault 6', increasing by 6". Boys and Girls Together
Girls Triple Jump followed by Boys
Girls Shot followed by Boys

FINALS FOR ALL EVENTS- HEATS AGAINST TIME

2:30pm	Running Events
2:30	Girls 800 Meter medley- finals
2:35	Girls 4 x 800 Meter Relay
2:50	Boys 4 x 800 Meter Relay
3:05	Girls 100 Meter Hurdles
3:15	Boys 110 Meter Hurdles
3:25	Girls 100 Meters
3:40	Boys 100 Meters
3:55	Girls 4 x 200 Meter Relay
4:05	Boys 4 x 200 Meter Relay
4:15	Girls 1600 Meter
4:25	Boys 1600 Meter
4:40	Girls 4 x 100 Meter Relay
4:45	Boys 4 x 100 Meter Relay
4:50	Girls 400 Meters
5:00	Boys 400 Meters
5:15	Girls 300 Meter Low Hurdles
5:30	Boys 300 Meter Int. Hurdles
5:45	Girls 800 Meters
5:55	Boys 800 Meters
6:05	Girls 200 Meters
6:20	Boys 200 Meters
6:35	Girls 3200 Meter
6:50	Boys 3200 Meter
7:05	Girls 4 x 400 Meter Relay
7:15	Boys 4 x 400 Meter Relay