

CSU Pueblo Spank Blasing Meet Schedule 2023

Friday

FIELD EVENTS

- 2:00 PM Hammer (Women followed by Men)
- 2:00 PM Javelin (Men followed by Women)
- 2:00 PM Triple Jump (Women followed by Men)

Saturday

THROWING EVENTS

- 11:00 AM Shot Put (Men followed by Women)
- 11:00 AM Discus (Women followed by Men)

SATURDAY *FIELD EVENTS*

- 11:00 AM Long Jump (Men followed by Women)
- 11:00 AM High Jump (Women Followed by Men)
- 11:30 AM Pole Vault (Women followed by Men)

SATURDAY *RUNNING EVENTS*

- 11:00 AM Men's 5000m Run
- 11:40 AM Women's 5000m Run
- 12:05 PM Men's 3000m Steeplechase
- 12:25 PM Women's 3000msteeplechase
- 12:50 PM Men's 4 X 100m Relay
- 1:00 PM Women's 4 X 100m Relay
- 1:10 PM Men's 1500m Run
- 1:35 PM Women's 1500m Run
- 2:00 PM Men's 110m Hurdles
- 2:20 PM Women's 100m Hurdles

OFFICIALS BREAK

- 2:45 PM Men's 400m Dash
- 3:00 PM Women's 400m Dash
- 3:15 PM Men's 100m Dash
- 3:30 PM Women's 100m Dash
- 3:55 PM Men's 800m Run
- 4:10 PM Women's 800m Run
- 4:30 PM Men's 400m Hurdles
- 4:45 PM Women's 400m Hurdles
- 4:55 PM Men's 200m Dash
- 5:20 PM Women's 200m Dash
- 5:45 PM Men's 3000m
- 6:00 PM Women's 3000m
- 6:15 PM Men's 4 X 400m Relay
- 6:25 PM Women's 4 X 400m Relay

