

CSU Pueblo Spank Blasing Meet Schedule 2023

Friday

FIELD EVENTS

2:00 PM	Hammer (Women followed by Men)
2:00 PM	Javelin (Men followed by Women)
2:00 PM	Triple Jump (Women followed by Men)

Saturday

THROWING EVENTS

11:00 AM	Shot Put (Men followed by Women)
11:00 AM	Discus (Women followed by Men)

SATURDAY FIELD EVENTS

11:00 AM	Long Jump (Men followed by Women)
11:00 AM	High Jump (Women Followed by Men)
11:30 AM	Pole Vault (Women followed by Men)

SATURDAY RUNNING EVENTS

11:00 AM	Men's 5000m Run
11:40 AM	Women's 5000m Run
12:05 PM	Men's 3000m Steeplechase
12:25 PM	Women's 3000msteeplechase
12:50 PM	Men's 4 X 100m Relay
1:00 PM	Women's 4 X 100m Relay
1:10 PM	Men's 1500m Run
1:35 PM	Women's 1500m Run
2:00 PM	Men's 110m Hurdles
2:20 PM	Women's 100m Hurdles

OFFICIALS BREAK

2:45 PM	Men's 400m Dash
3:00 PM	Women's 400m Dash
3:15 PM	Men's 100m Dash
3:30 PM	Women's 100m Dash
3:55 PM	Men's 800m Run
4:10 PM	Women's 800m Run
4:30 PM	Men's 400m Hurdles
4:45 PM	Women's 400m Hurdles
4:55 PM	Men's 200m Dash
5:20 PM	Women's 200m Dash
5:45 PM	Men's 3000m
6:00 PM	Women's 3000m
6:15 PM	Men's 4 X 400m Relay
6:25 PM	Women's 4 X 400m Relay

