

MEET SCHEDULE

Even years Women run first, odd years Men run first.

*Approximate Times

FRIDAY, FEBRUARY 28TH

Heptathlon

10:00AM 60m

*10:40AM Long Jump

*11:55PM Shot Put (on 60 straightaway)

*1:00PM High Jump

Pentathlon

10:30AM 60H

*11:10AM High Jump

*1:00PM Shot Put

*1:50PM Long Jump

*3:05PM 800m

Field Events

10:00am Men's Weight Throw

10:00am Men's Pole Vault

1:00pm Men's Long Jump

2:00pm Women's Pole Vault

4:00pm Women's Long Jump

4:00pm Women's Weight Throw

Running Events

1:00PM Women's 60m Hurdles Prelim (3 heats of 6)

1:25PM Men's 60m Hurdles Prelim (3 heats of 6)

1:50PM Women's 60m Prelim (3 heats of 6)

2:10PM Men's 60m Prelim (3 heats of 6)

2:30PM Women's 400m Prelim (4,4,4,3,3)

2:50PM Men's 400m Prelim (4,4,4,3,3)

3:10PM Women's 5,000m Final (9,9)

4:05PM Men's 5,000m Final (9,9)

4:50PM Women's 200m Prelim (6 heats of 3)

5:15PM Men's 200m Prelim (6 heats of 3)

5:45PM Women's Distance Medley Relay Final (6,6)

6:15PM Men's Distance Medley Relay Final (5,6)

SATURDAY, FEBRUARY 29TH

Heptathlon

10:00AM 60HH

*10:45AM Pole Vault

*1:00PM 1,000m

Field Events

11:00am Men's Shot Put

11:00am Women's Triple Jump

11:00am Women's High Jump

1:30pm Men's Triple Jump

1:30pm Men's High Jump

1:30pm Women's Shot Put

Running Events

12:00pm Women's 60m Hurdle Final

12:10pm Men's 60m Hurdle Final

12:20pm Women's 60m Final

12:30pm Men's 60m Final

12:45pm Women's Mile Final (9,9)

1:05pm Men's Mile Final (9,9)

1:20pm Women's 400m Final (2 heats of 4)

1:30pm Men's 400m Final (2 heats of 4)

1:40pm Women's 800m Final (6,6,6)

2:00pm Men's 800m Final (6,6,6)

2:25pm Women's 200m Final (2,3,3)

2:35pm Men's 200m Final (2,3,3)

2:55pm Women's 3,000m Final (9,9)

3:25pm Men's 3,000m Final (9,9)

3:50pm Women's 1,600m Relay Final (4,4,4)

4:15pm Men's 1,600m Relay Final (3,4,4)

4:45pm Coaches Meeting

5:00pm Awards Presentation